

	SUNDAY 1/28/24	MONDAY 1/29/24	TUESDAY 1/30/24	WEDNESDAY 1/31/24	THURSDAY 2/1/24	FRIDAY 2/2/24	SATURDAY 2/3/24
B R E A K F A S T	Oatmeal Scrambled Eggs w/ Cheese Bacon Frosted Cinnamon Roll Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Oatmeal Pancakes Butter/Syrup Sausage Links Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Oatmeal Scrambled Eggs Canadian Bacon English Muffin Butter/Jelly Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Oatmeal Fried Eggs Sausage Patty Biscuit Butter/Jelly Fruit Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Oatmeal Apple Fritter French Toast Bake Butter/Syrup Bacon Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Oatmeal Belgium Waffles Butter/Syrup Sausage Links Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Oatmeal Hard Cooked Egg Breakfast Ham Raisin toast Butter/Jelly Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:
L U N C H	Cranberry Fruit Salad Orange Dijon Turkey Sage Bread Dressing Vegetable Blend Roll & Butter Pumpkin Pie w/ Topping Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Tossed Salad & Dressing Ravioli Bake Green Beans Garlic Toast Banana Split Trifle Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Pea Salad Maple Balsamic Pork Loin Mashed Sweet Potatoes Country Trio Vegetables Upside Down Raspberry Cake Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Fruited Jello Swiss Steak w/ Tomatoes Garlic Parmesan Mashed Potatoes Peas Candy Bar Blondie Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Tossed Salad & Dressing Fried Chicken Parslied Carrots Corn Bake Cheery Crunch w/ Topping Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Creamy Coleslaw Battered Rock Fish Tartar Sauce French Fries Riviera Vegetable Lemon Mousse Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Marinated Tomato Salad Chicken Alfredo Broccoli Mandarin Oranges Black Forest Cake Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:
S U P P E R	Chicken Rice Soup Crackers Shepard's Pie Irish Soda Bread Butterscotch Cookie Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	California Medley Soup Crackers Cuban Sandwich Potato Wedges Creamy Cucumber Salad Mandarin Oranges Frosted Cupcake Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Cheesy Tomato Soup Crackers Chicken & Noodles Brussels Sprouts Rice Krispy Square Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Vegetable Soup Crackers Corned Beef Sandwich on Rye Pasta Salad Pears Sherbet Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Creamy Cheddar Broccoli Soup Crackers Classic Quiche Fried Potatoes & Onions Scalloped Tomatoes Danish Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Chicken Noodle Soup Crackers Sweet Sour Pork Rice Broccoli Cinnamon Applesauce Almond Cookie Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:	Clam Chowder Crackers Tossed Salad & Dressing Italian Beef on a Bun Au Jus Seasoned Fries Creamy Jello Juice: OJ Cran Prune Apple Coffee: Reg Decaf Hot Tea: Reg Decaf Milk: 2% Skim Whole Chocolate Lactose Free ALT:

Name: _____ **Room #:** _____ **CIRCLE CHOICES** ****Menu Subject To Change Based On Availability**** **Cycle 1**
Alternatives Available From Always Available Menu