

	<b>SUNDAY 1/21/24</b>	<b>MONDAY 1/22/24</b>	<b>TUESDAY 1/23/24</b>	<b>WEDNESDAY 1/24/24</b>	<b>THURSDAY 1/25/24</b>	<b>FRIDAY 1/26/24</b>	<b>SATURDAY 1/27/24</b>
<b>B R E A K F A S T</b>	Oatmeal / Cream of Rice Assorted Cold Cereals <b>Cheese Omelet</b> <b>Sausage Links</b> Eggs: Scrambled, Fried, Poached, Boiled Eggs Toast: Wheat / White Raisin/Danish Butter / Margarine / Jelly Fruit/Yogurt  Juice: OJ / Cran / Prune Apple Coffee: Reg / Decaf Hot Tea Milk: 2% /Skim / Whole / Lactose Free	Oatmeal /Cream of Wheat Assorted Cold Cereals <b>Buttermilk Pancake with Syrup</b> <b>Bacon</b> Eggs: Scrambled, Poached, Boiled Eggs Toast: Wheat / White/ Eng. Muffin/ Danish Butter / Margarine / Jelly Fruit /Yogurt  Juice: OJ / Cran / Prune Apple Coffee: Reg / Decaf Hot Tea Milk:2% /Skim /Whole/Lactose	Oatmeal / Cream of Rice Assorted Cold Cereals <b>Scrambled Eggs</b> <b>Sausage Patty</b> <b>English Muffin</b> Eggs: Fried, Poached, Boiled Eggs Toast: Wheat / White /Danish Bagel/ Cream Cheese Butter / Margarine / Jelly Fruit /Yogurt  Juice: OJ / Cran / Prune Apple Coffee: Reg / Decaf Hot Tea Milk: 2% /Skim / Whole / Lactose Free	Oatmeal / Cream of Wheat Assorted Cold Cereals <b>Belgian Waffle, Syrup</b> <b>Sausage Links</b> Eggs: Scrambled, Poached, Fried or Boiled Egg Toast: Wheat / White Raisin/ Danish Butter / Margarine / Jelly Fruit/Yogurt  Juice: OJ / Cran / Prune Apple Coffee: Reg / Decaf Hot Tea Milk: 2% /Skim / Whole / Lactose Free	Oatmeal / Cream of Wheat Assorted Cold Cereals <b>Scrambled Eggs and Cheese Bacon</b> <b>Danish</b> Eggs: Poached, Fried or Boiled Eggs Toast: Wheat / White/ Eng. Muffin/Butter / Margarine / Jelly Fruit/Yogurt  Juice: OJ / Cran / Prune Apple Coffee: Reg / Decaf Hot Tea Milk: 2% /Skim / Whole / Lactose Free	Oatmeal / Cream of Wheat Assorted Cold Cereals <b>Cinnamon French Toast with Syrup</b> <b>Bacon</b> Eggs: Scrambled, Poached, Fried or Boiled Toast: Wheat / White / Bagel/ Cream Cheese/Danish Butter / Margarine / Jelly Fruit /Yogurt  Juice: OJ / Cran / Prune Apple Coffee: Reg / Decaf, Hot Tea Milk: 2% /Skim / Whole / Lactose	Oatmeal / Cream of Rice Assorted Cold Cereals <b>Scrambled Eggs</b> <b>Sausage Links</b> <b>Iced Cinnamon Roll</b> Eggs: Fried, Poached, Fried or Boiled Wheat / White/Raisin Toast Butter / Margarine / Jelly Fruit/Yogurt  Juice: OJ / Cran / Prune Apple Coffee: Reg / Decaf Hot Tea Milk: 2% /Skim / Whole / Lactose Free
<b>L U N C H</b>	Macaroni Salad <b>Pot Roast</b> <b>Alt: Roasted Turkey</b> Mashed Potato with Gravy or Dinner Roll Carrots or Scandinavian Blend Vegetables Frosted Marble Cake or Ice Cream  Juice: OJ / Cran / Apple Coffee: Reg / Decaf Hot Tea / Iced Tea / Lemonade Milk: 2% / Skim /Whole / Choc	Creamy Orange Jello Salad <b>Swedish Meatballs</b> <b>Alt: Baked Tilapia</b> Buttered Noodles or Mashed Potatoes & Gravy Green Peas or Blend Vegetable  Banana Cream Pie or Ice Cream  Juice: OJ / Cran / Apple Coffee: Reg / Decaf Hot Tea / Iced Tea / Lemonade Milk: 2% / Skim /Whole / Choc	Marinated Tomato Salad <b>Lemon Pepper Chicken</b> <b>Alt: Kielbasa with Onions &amp; Peppers</b> Parslied Rice or Mashed Potatoes with Gravy Green Beans or Blend Vegetable Dutch Apple Pie or Ice Cream  Juice: OJ /Cran / Apple Coffee: Reg / Decaf Hot Tea / Iced Tea / Lemonade Milk: 2% / Skim / Whole / Choc	Three Bean Salad <b>Sauerbraten</b> <b>Alt: Pork Roast</b> Spaetzle or Mashed Potato and Gravy Red Cabbage or Blend Vegetable Black Forest Cake or Ice Cream  Juice: OJ / Cran / Apple Coffee: Reg / Decaf Hot Tea / Iced Tea / Lemonade Milk: 2% / Skim / Whole / Choc.	Pea & Cheese Salad <b>Herbed Roast Turkey</b> <b>Alt: Baked Ham</b> Baked Sweet Potato or Mashed Potato and Gravy Cauliflower & Peppers or Vegetable Blend Harvey Wallbanger Cake or Ice Cream  Juice: OJ /Cran / Apple Coffee: Reg / Decaf Hot Tea / Iced Tea / Lemonade Milk: 2% / Skim / Whole / Choc	Confetti Coleslaw <b>Fried Catfish</b> <b>Alt: BBQ Chicken</b> Macaroni & Cheese or Mashed Potato and Gravy Fried Okra or Blend Vegetable Peach Cobbler or Ice Cream  Juice: OJ / Cran / Apple Coffee: Reg / Decaf Hot Tea / Iced Tea / Lemonade Milk: 2% / Skim / Whole / Choc.	Peach Jello Salad <b>Ham Divan</b> <b>Alt: Cube Steak &amp; Gravy</b> Rice or Mashed Potatoes with Gravy Broccoli or Vegetable Blend Pineapple Upside Down Cake or Ice Cream  Juice: OJ /Cran / Apple Coffee: Reg / Decaf Hot Tea / Iced Tea / Lemonade Milk: 2% / Skim / Whole / Choc.
<b>S U P P E R</b>	<b>Tomato Basil Soup</b> <b>Saltines</b> <b>Grilled Ham &amp; Cheese Sandwich</b> Tossed Salad & Dressing <b>Alt: Beef Noodle Casserole</b> Peaches Dinner Roll & Butter Butter Pecan Cookie or Ice Cream  Juice: OJ / Cran / Apple Coffee: Reg / Decaf Hot Tea / Iced Tea / Lemonade Milk: 2% / Skim /Whole/ Choc.	<b>Beef Vegetable Soup</b> <b>Saltines</b> <b>Breaded Chicken on Bun</b> Tater Tots <b>Alt: Tuna Salad Sandwich</b> Lettuce/Tomato Potato Chips Fresh Apple Slices Peppermint Ice Cream or Chocolate Pudding Juice: OJ / Cran / Apple Coffee: Reg / Decaf Hot Tea / Iced Tea / Lemonade Milk: 2% /Skim / Whole / Choc	<b>Cauliflower Cheese Soup</b> <b>Saltines</b> <b>Pizza Burger on Bun</b> French Fries <b>Alt: Ham Salad Sandwich</b> Lettuce/Tomato Mandarin Oranges Spice Cake or Ice Cream  Juice: OJ / Cran / Apple Coffee: Reg / Decaf Hot Tea / Iced Tea / Lemonade Milk: 2% / Skim / Whole / Choc	<b>Seafood Bisque</b> <b>Saltines</b> <b>Turkey &amp; Cheese on Rye Bread</b> Potato Chips <b>Alt: Breaded Fish Sandwich</b> Waffle Fries Mixed Melon Fruited Strawberry Jello or Ice Cream  Juice: OJ / Cran / Apple Coffee: Reg / Decaf Hot Tea / Iced Tea / Lemonade Milk: 2% / Skim / Whole / Choc	<b>Lentil and Ham Soup</b> <b>Saltines</b> <b>Sloppy Joe on Bun</b> Oven Browned Potatoes <b>Alt: BLT Sandwich</b> Potato Chips Pickle Spear Fruit Cocktail Sugar Cookie or Ice Cream Juice: OJ / Cran / Apple Coffee: Reg / Decaf Hot Tea / Iced Tea / Lemonade Milk: 2% / Skim / Whole / Choc	<b>Chicken Noodle Soup</b> <b>Saltines</b> <b>Grilled Bratwurst on Bun</b> Potato Salad <b>Alt: Summer Sausage Sandwich</b> Lettuce/Tomato Strawberry Banana Cup  Blonde Brownie or Ice Cream  Juice: OJ / Cran / Apple Coffee: Reg / Decaf Hot Tea / Iced Tea / Lemonade Milk: 2% / Skim / Whole / Choc	<b>Corn Chowder</b> <b>Saltines</b> <b>Pastrami &amp; Swiss on Rye Bread</b> Potato Chips Pickle Spear <b>Alt: Chicken Tenders</b> French Fries Chilled Pears Frosted Cupcake or Ice Cream  Juice: OJ / Cran / Apple Coffee: Reg / Decaf Hot Tea / Iced Tea / Lemonade Milk: 2% / Skim / Whole / Choc

**Name:** \_\_\_\_\_ **Room #:** \_\_\_\_\_ **CIRCLE CHOICES** **\*\*Menu Subject To Change Based On Availability\*\*** **Cycle 2**