

ALWAYS AVAILABLE MENU ITEMS

2/5/24

COLD CEREAL	BREAD	SANDWICHES
• Cheerios	Bagel & Cream Cheese	Baked Fish
Corn Flakes	Danish	Chicken Breast
Frosted Flakes	English Muffin	Egg Salad
Honey Nut Cheerios	Raisin	Grilled Cheese
Raisin Bran	Wheat	Hamburger
Rice Krispies	White	Peanut Butter & Jelly
HOT CEREAL	EGGS	YOGURT
Cream of Rice	• Fried	Regular Yogurt
	 Hard Boiled 	 Greek Yogurt
	Poached	
	Scrambled	
SIDES	SOUP	ICE CREAM - REGULAR
Mashed Potatoes & Gravy	 Chicken Noodle 	Vanilla
Tossed Salad & Dressing	Tomato	Chocolate
		 Mackinac Island Fudge
	FRESH FRUIT	
	Seasonal	
	BEVERAGES	
Coffee: Regular/Decaf	 Apple Juice 	Cola: Regular/Diet
Tea: Regular/Decaf	 Orange Juice 	Ginger Ale
Milk: Whole, 2%, Skim	 Cranberry Juice 	Root Beer
Chocolate Milk	 Low-Cal Cranberry Juice 	White Soda: Regular/Diet
Lactaid Milk		Iced Tea
Hot Chocolate		• Lemonade

When you review the menu each week, and see something you do not like, please choose something from the ALWAYS AVAILABLE MENU ITEMS.

Simply cross out the item you do not want, and replace it by writing in your choice from the ALWAYS AVAILABLE MENU ITEMS.