

Congregational Home

Congregational Home 13900 W. Burleigh, WI 53005 Ph: 262-781-0550 www.CongregationalHome.org

Resident's Monthly News November 2026

Veteran's Day---November 11



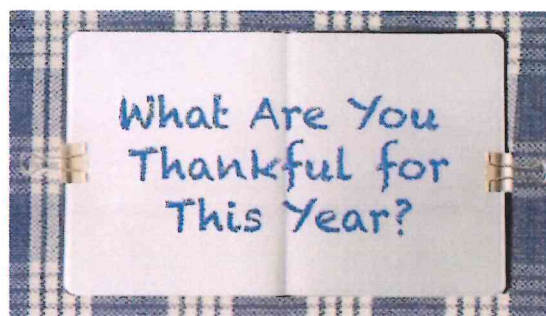
Air Force
Army
Coast Guard
Marine Corps
Navy
Space Force



Thanksgiving Day --- November 26

Oh, give thanks unto the LORD,
for He is good,
for His mercy endures forever!

Psalm 107:1



From the Chaplain's Heart

A Message from Chaplain Maureen

*May the blessing of Thanksgiving Day, and the occasion to honor
our veterans, bring you joy this month!
With much love, Chaplain Maureen*



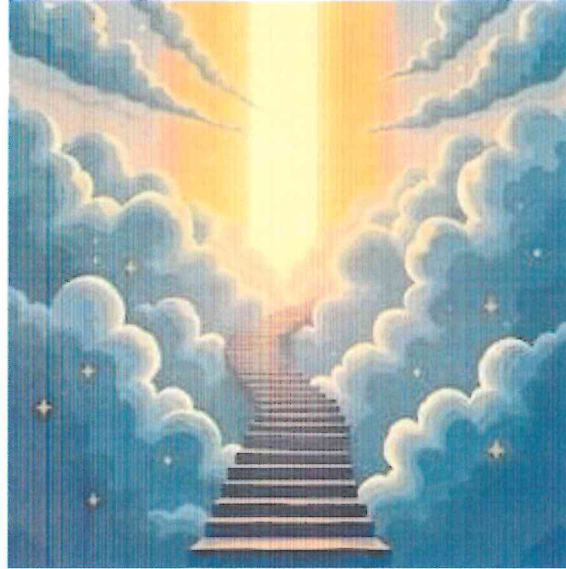
A Prayer for Veterans

Proud of our nation,
They answered her call -
Defending the freedom and safety of all.
On land or on sea,
Or in jets high above,
They went out of duty
And honor and love.
But however they served, Lord
Wherever they went,
Please bless them and help them
To know what it meant!
And help us to thank them
On Veterans Day -
For we owe them far more
Than we ever could say.
~ Author Unknown



“The Lord bless you
and keep you;
the Lord make his face shine on you
and be gracious to you;
the Lord turn his face toward you
and give you peace.” Numbers 6:24-26

Remembrance Service



Please join us to
remember, honor and celebrate
the lives of the following residents
who have entered into eternal life:

Thursday, November 12

10:30 am

Chapel

Janet Kowalski ~ 8/24

Sarah Nastoff ~ 9/23

Elvira Wirth ~ 9/30

Werner Kruger ~ 10/7

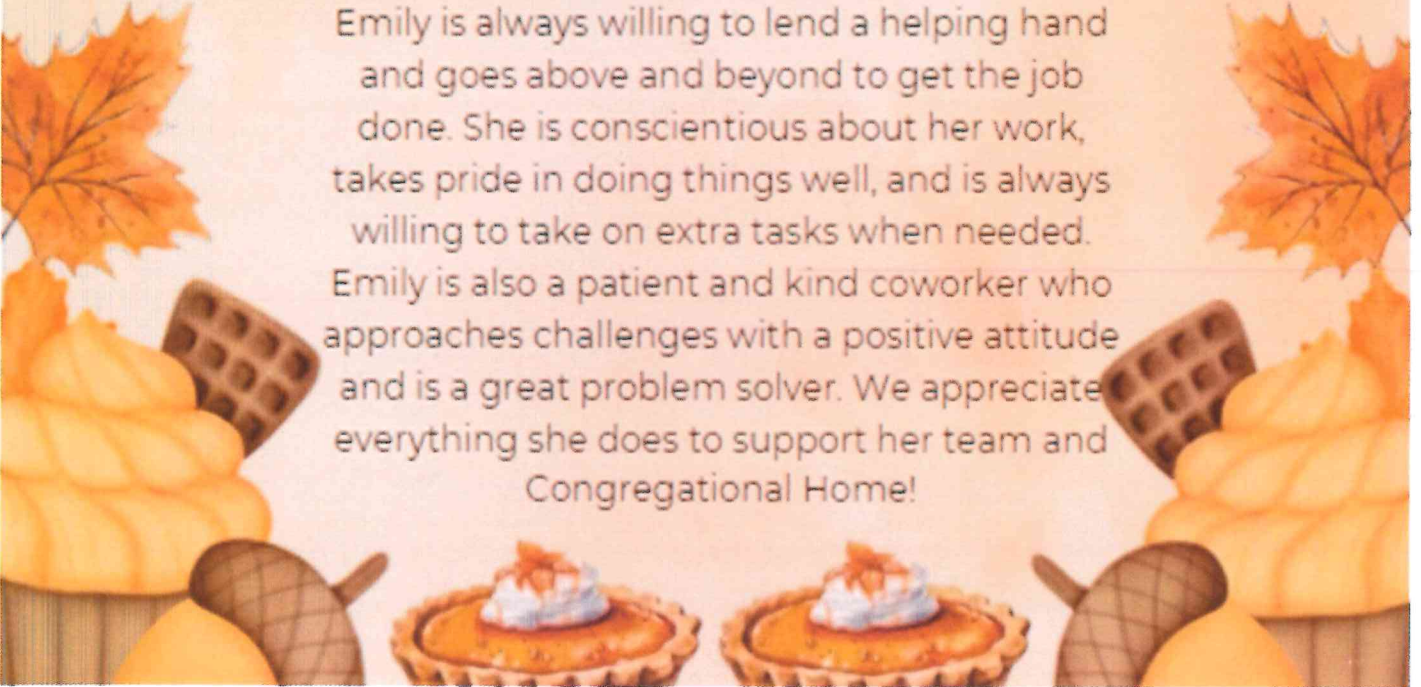
The Remembrance Service is open to
residents, family members, and employees.



November

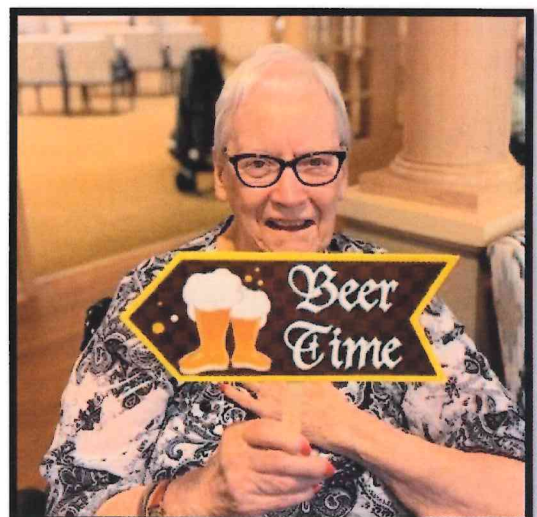
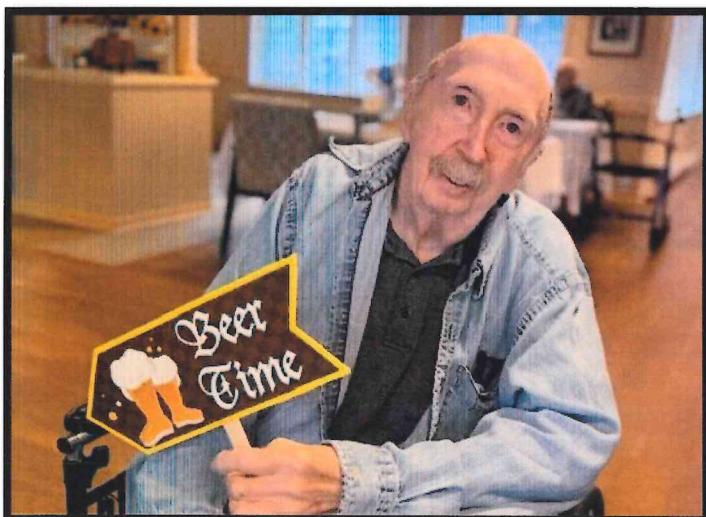
Employee Spotlight

Emily Ball, Reception

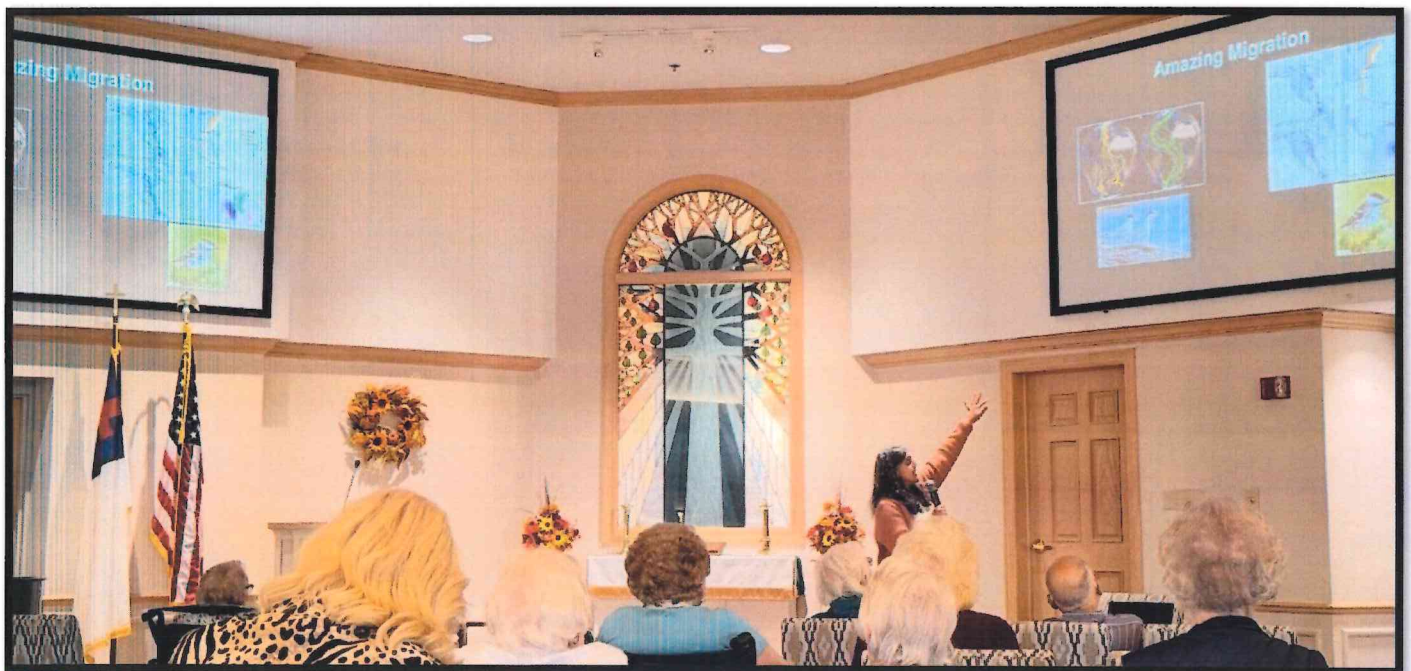
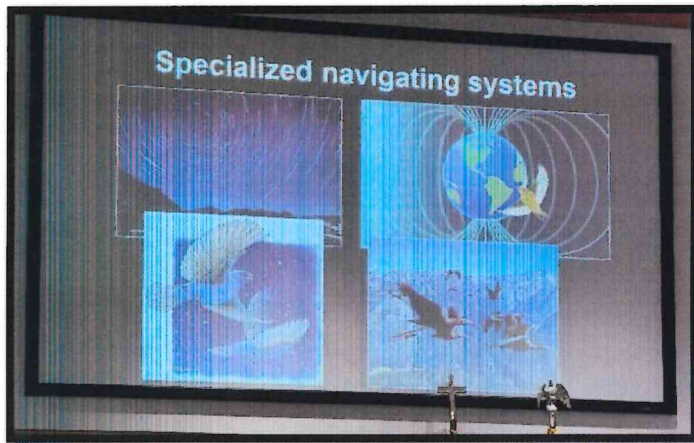


Emily is always willing to lend a helping hand and goes above and beyond to get the job done. She is conscientious about her work, takes pride in doing things well, and is always willing to take on extra tasks when needed. Emily is also a patient and kind coworker who approaches challenges with a positive attitude and is a great problem solver. We appreciate everything she does to support her team and Congregational Home!

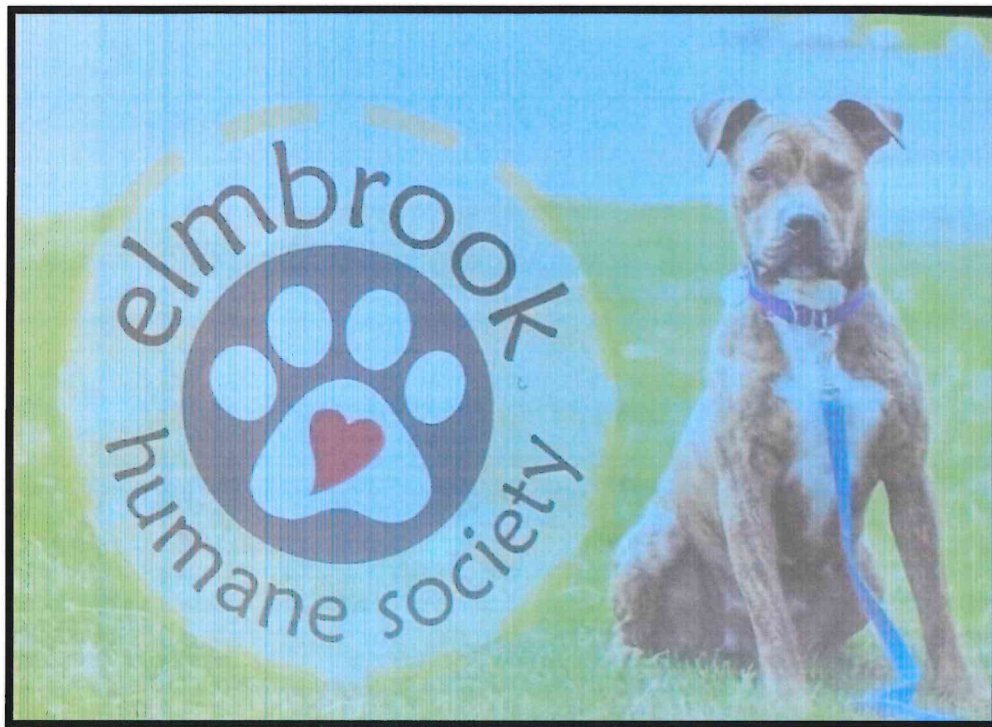
Oktoberfest

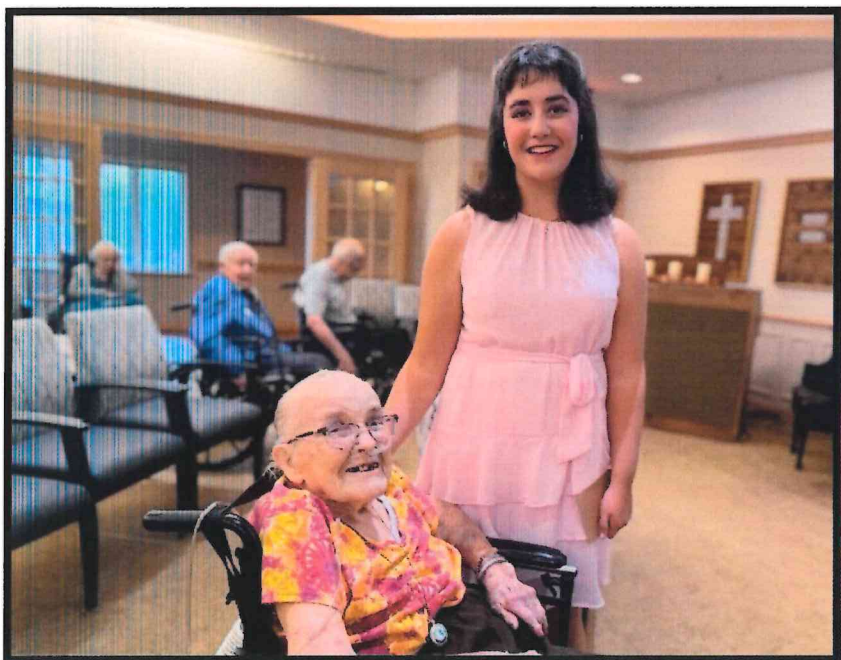


Lake Michigan Bird Observatory



Elmbrook Humane Society



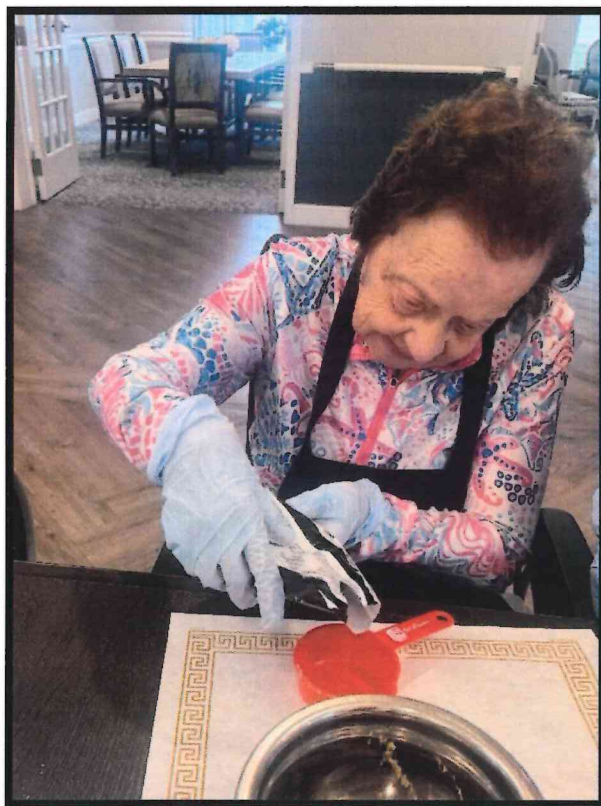


Musical Sing-Along
with Stephanie



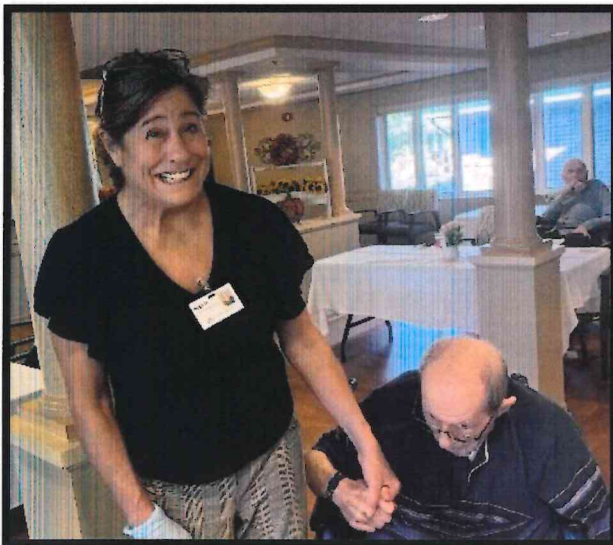
Crafts & Baking





Birthday Social





Holy Hill Scenic Drive



Diamond Dancers



Brewer Day





Upcoming Events

**Birthday Social
With Tin Bucket Band
November 4, 2:30 pm, Chapel D.R.**



**Pets Helping People
November 12, 2:00 pm, Chapel D.R.**



**Music With Chuck
November 18, 2:00 pm, Chapel**



**Piano Music With
Heinzel
November 23, 2:00 pm, Chapel D.R.**



**Hallelujah Singers
November 29, 2:00 pm, Chapel D.R.**





The lymphatic system consists of tissues and organs that produce, store and carry white blood cells that fight infection and other diseases. Lymph vessels are present in almost all areas of the body. Along the lymph vessels are lymph nodes. Lymph nodes filter the lymph fluid and remove toxins and infections from the fluid before it enters the blood stream. Lymphedema is a condition of localized fluid accumulation usually caused by a problem within the lymphatic system.

Lymphedema can be inherited (primary) or can be result of surgery or trauma (secondary). It is most frequently seen following lymph node removal, radiation therapy or surgery, all which can damage the lymphatic system. Many times, secondary lymphedema results from treatment of cancer-breast cancer (arm swelling), colon, prostate, testicular, ovarian or uterine cancers (leg swelling). Men and women are equally at risk of developing lymphedema for months even years following cancer therapy.

Signs and symptoms of Lymphedema

- Swelling of the fingers, toes, arms legs, or chest. Trouble fitting into clothing in one specific area
Skin tightness.
- A feeling of “heaviness” in the limb. Rings, bracelets, watches, and shoes feel tighter than usual.
- Decreased mobility of the fingers, toes, wrists, or ankles.

The treatment for Lymphedema is different for every person and depends on the stage and cause of lymphedema. Occupational and Physical Therapists are trained in the assessment and management of Lymphedema. Some examples include:

- Training on movement and exercise to help get back to daily tasks and Teaching modifications to help make life easier with lymphedema.
- Providing instruction on self-care management, including skin care, infection prevention, and adapted clothing. Ongoing screening and monitoring
- Performance of manual lymphatic drainage via massage and exercise as well of advocacy for use of compression stockings, multilayer bandaging, or pneumatic pumps

If you would like to learn more about Lymphedema/Edema and therapeutic management of this condition, please reach out to the talented team of Physical and Occupational Therapists at Congregational Home. We can verify your benefits, schedule an assessment, and develop a plan of treatment which is tailored specifically for you. Your independence and comfort are our main goal!



Updated 4-6-26

- **MEDICARE'S** Highest 5-Star Rating for Nursing Staff Levels.
- Named a 2026 High Performing Short-Term Rehab & Long-Term Care Facility by **US NEWS & WORLD REPORT**
- Physician and/or Nurse Practitioner Onsite Daily: At least one of these medical providers is onsite here 5 days a week thanks to our Partnership with **FROEDTERT HEALTH** and the "Mobile Care Team" they have placed at Congregational Home. This level of care is rarely seen in most other facilities and is key in helping to keep our residents stable and out of the hospital.
- 24-Hour Onsite RN Nurse Coverage: We have RNs on all 3 shifts
- We have one of the Highest Nursing Staff Levels in the state
- No Temp Agency Staff: We use only our own staff to ensure quality & continuity of care
- Our Dedicated Certified Nursing Assistants focus only on the care of residents, they are not pulled away to perform duties in the housekeeping, laundry or kitchen departments
- Life Plan Community with Full Continuum of Care: We are one of a few Life Plan Communities in the region with a Full Continuum of Care - and it's **All Under One Roof!**
 - Short-Term Subacute Rehab • Independent Living • Assisted Living (Both RCAC & CBRF)
 - Memory Care • Skilled Nursing Home Care • Hospice Care
- Rare Dual License allowing couples with different levels of care to stay together
- No Roommates! We are 100% private rooms, suites & apartments, so no worrying about getting an unwanted roommate or sharing a bathroom with the person next door (we can accommodate couples who want to be together)
- Apartment-Style Rehab Suites with living room, kitchenette, bedroom & bathroom. These suites are unparalleled in our region and they are **FREE** for our Medicare rehab patients.
- Tons of Amenities! Fitness Center, Putting Green, Coffee Bar, Theater, Salon, Chapel & more...
- Providing care the Non-Profit way by returning profits back into our organization for the betterment of those we serve ...**You Can Feel The Non-Profit Difference!**



Congregational Home
Retirement Community



Est. 1974

***Congregational Home is Celebrating
Over 50 Years of Caring!***

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