

CONGREGATIONAL HOME

Congregational Home 13900 W. Burleigh, WI 53005 Ph: 262-781-0550 www.CongregationalHome.org

RESIDENTS' MONTHLY NEWS FOR JULY



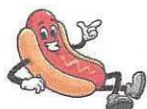
The Designer of the 50-Star Flag Lived in Lancaster, Ohio

In 1958, a history teacher assigned a class assignment to redesign the national flag as both Alaska and Hawaii neared statehood.

Robert G. Heft, who was 16 at the time, designed a new flag using the old 48-star flag and \$2.87 worth of blue cloth and white iron-on material. His design earned him a B-minus to which he challenged by sending it to Washington D.C. to be considered by President Dwight D. Eisenhower.

According to his obituary, Heft was one of thousands to submit a flag design but he was the only person who actually stitched together a flag and shipped it to D.C.

Once the flag was selected, Heft's grade was rightfully changed to an A. His design became the official flag in 1960.



Americans Will Enjoy 150 Million Hot Dogs During the 4th

According to the National Sausage and Hot Dog Council (NHDSC), Americans are expected to eat 150 million hot dogs over the July 4th holiday. This is part of an estimated 7 billion that are expected to be eaten during the summer season from Memorial Day to Labor Day.



Men Love Fireworks... \$1 Billion Worth

According to the American Pyrotechnics Association, Americans spend more than \$1 billion on fireworks each year. Out of this, only 10% of firework displays are set off professionally, which probably accounts for the estimated 12,900 firework-related emergency room visits across the country.

According to Fortune Magazine, of those injuries occurring between June and July, almost 70% were experienced by men.



A Little Late to the Parade

July 4th was not deemed a federal holiday until 1870, nearly 100 years after the nation was founded.

Congregational Home Medical Director Change July 1, 2025

Dr. Will Lyon has served as Congregational Home's Medical Director since December 1, 2023, partnering with Dr. Ellen Schmitt to assure great coverage here at Congregational Home, but Dr. Lyon has decided to take on a new challenge and is returning full time to the hospital. As of July 1, 2025, Dr. Ellen Schmitt will take the lead as Congregational Home's official Medical Director!

We greatly thank Dr. Lyon for his excellent work and dedication as we wish him happiness with all of his future endeavors!

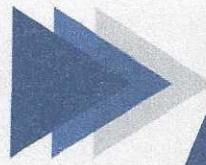
We welcome Ellen Schmitt M.D. as our new Medical Director! Dr. Schmitt is a graduate of George Washington University School of Medicine and Health Sciences, Washington DC, Doctor of Medicine, and then came to Milwaukee's Medical College of WI for her internship, residency and fellowship in Internal & Geriatric Medicine. Dr. Schmitt also sees patients at Froedtert's Geriatric Clinic.

Dr. Schmitt will transition into our Medical Director role as well as function as our primary physician here at Congregational Home as she treats and serves our community members beginning July 1, 2025.

Nurse Practitioners, Amanda Clark-Krause, Anita Steliga, and Tracey Bolton will remain in place with us here at Congregational Home, continuing to do their great work under Dr. Schmitt.

Congregational Home has been pleased with our partnership with Froedtert & The Medical College of WI, and look forward to continued success! Please let us know if you have any questions or concerns!





If you're moving your arm, the movement is occurring around the joints that make up the shoulder. Shoulder range of motion and strength are important for everyday activities such as brushing the back of your hair, reaching for an item on a shelf, pulling up the back of your pants and even opening a door. You can check your own shoulder range of motion by doing a Back Scratch test.

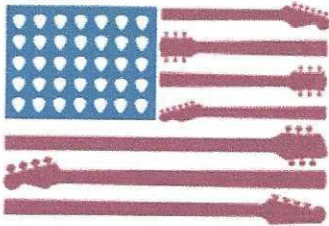
- Stand and raise your right arm straight up overhead.
- Bend your right elbow and let your right palm rest on the back of your neck and slide it down your back and between your shoulder blades.
- Reach behind you with your left hand so the back of your hand rests on the middle of your back.
- Now slide your right hand down and your left hand up to try to touch the fingers of both hands.
- Measure (or estimate) the distance between the fingertips of the right and left hand. Note any overlap as well.
- Switch your hands to perform the test on the opposite shoulder.

If your fingers touch or overlap that is good or excellent respectively. If your fingers are within 2 inches apart that's average. If your fingers are greater than two inches apart you likely have some tightness in the shoulder joint, potentially weakness as well.

The American Journal of Sports Medicine writes "tightness in the upper back, neck and shoulder is often related to muscle pain and stiffness, testing your shoulder flexibility may help determine your risk for future pain and injury. Simple shoulder exercises can improve this." If you have tightness, pain or weakness in your shoulders you may contact the therapy team at Congregational Home, who will be able to assist you. 262-781-0550 ext: 2177

Upcoming Events

**Independence Day Social
With Libby Wilcox**
July 2 at 2:30 in the Chapel D.R.
ROCKIN' ON THE 4TH



**Live Music
With Essentially Brass**
July 10, in the Chapel, at 7:00pm



**Birthday Social
With Downtown Harrison**
July 16, in Chapel D.R., at 2:30



**Violin & Cello Concert
With Ian Wasserman and Yuqing Shi**
July 23, in the Chapel, at 2:00



Congo State Fair
July 30 in the Chapel from 2-4pm



Brewer Casual Day Sportswear

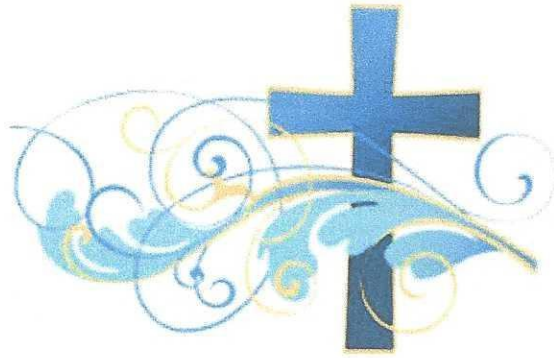
July 2, Wednesday

July 9, Wednesday

July 14, Monday

July 25, Friday

July 30, Wednesday



Remembrance Service

Please join us to
remember, honor and celebrate
the lives of the following residents
who have entered into eternal life:

Marilyn Eckert 5/25

Ralph Ehlert 6/09

Richard Leitgen 6/20

The Remembrance Service is open to
residents, family members, and employees.

Thursday, July 10

10:30 a.m.

Chapel

From the Chaplain's Heart

*Happy Independence Day to All!
With Much Love,
Chaplain Maureen*

An Independence Day Prayer by Margaret Cagle

Lord, on July fourth we'll celebrate
Independence Day in our nation.
You gave us the truth to set us free.
You sent Jesus to die for our salvation.
We thank you for the precious freedom
That we have in our nation today.
We know this country's not perfect,
But we honor our nation, the USA.

We thank you for the Founding Fathers,
Who for freedom took a brave stand.
Many placed their very lives in peril
To start a free country in a new land.

I thank you for the brave soldiers,
Who gave their lives to keep us free.
They gave their ultimate sacrifice
For freedom for Americans like me.

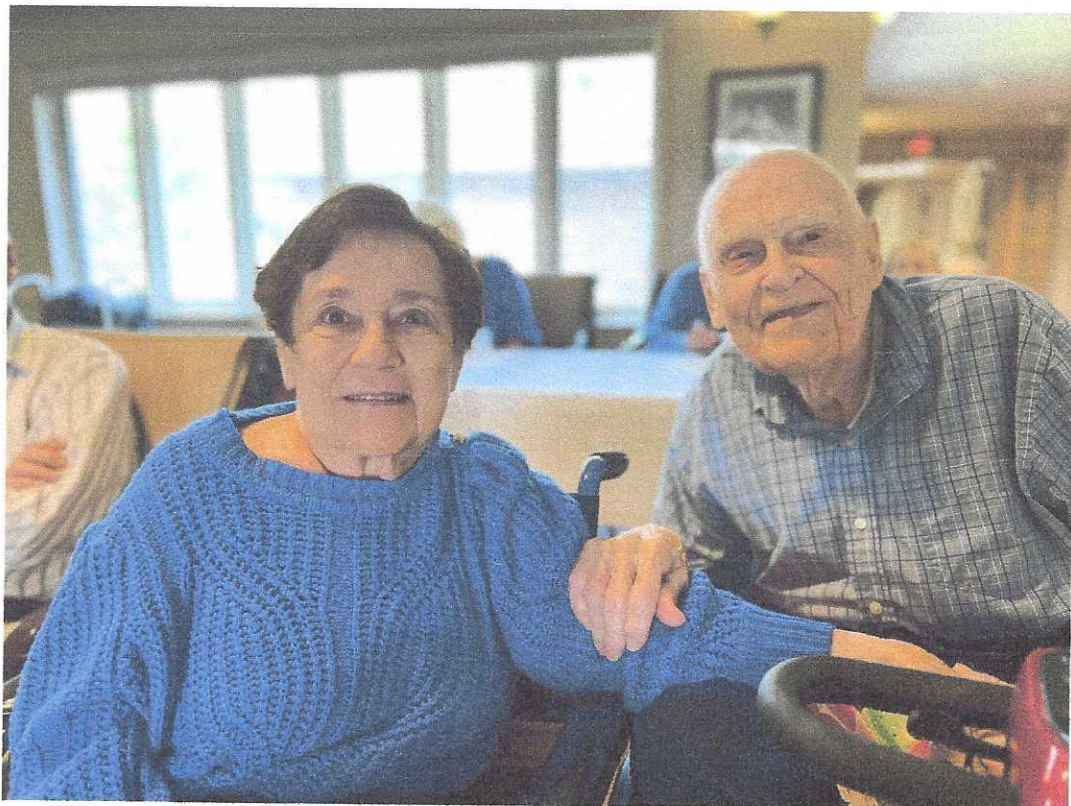
As we shoot fireworks and celebrate
With patriotic concerts and parades,
We thank you for all your blessings
And your great love that never fades.

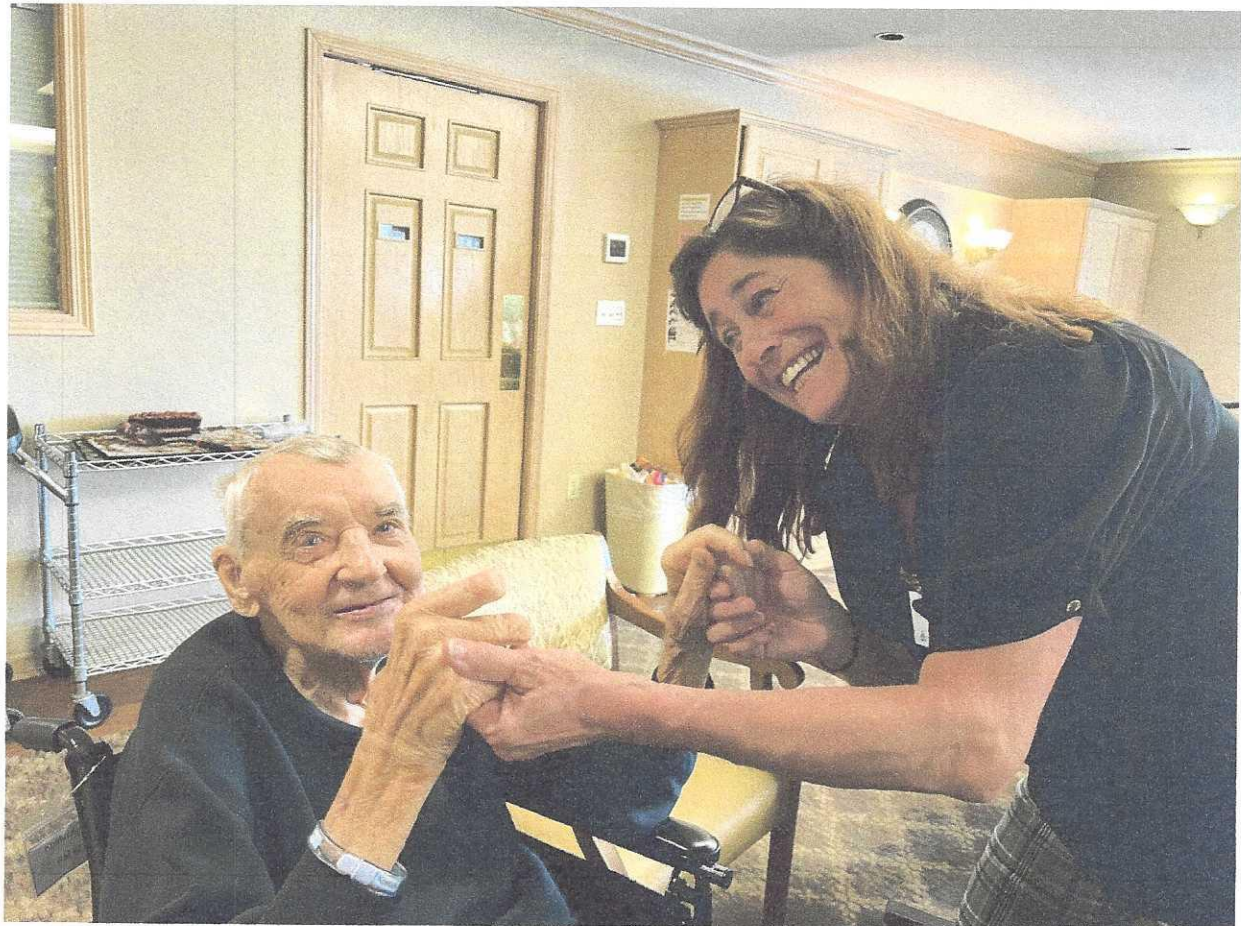
As we gather with our loved ones
For picnics and barbecues and fun,
We want to thank you for everything,
Especially for sending your only Son!

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. 2 Cor 3:17

Birthday Social









Brookfield Christian School





Prom 2025!



The Garden Parties





Mother's Day Social





Updated 6-16-25

- **MEDICARE'S Highest 5-Star Rating** for Nursing Staff Levels.
- Named a 2025 **High Performing Short-Term Rehab & Long-Term Care Facility** by **US NEWS & WORLD REPORT**
- Named the 2024 **Top Choice for Nursing Home Care** by **MILWAUKEE JOURNAL SENTINEL** online readers
- **Physician and/or Nurse Practitioner Onsite Daily:** At least one of these medical providers is onsite here 5 days a week thanks to our Partnership with **FROEDTERT HEALTH** and the "Mobile Care Team" they have placed at Congregational Home. This level of care is rarely seen in most other facilities and is key in helping to keep our residents stable and out of the hospital.
- **24-Hour Onsite RN Nurse Coverage:** We have RNs on all 3 shifts
- We have one of the **Highest Nursing Staff Levels** in the state
- **No Temp Agency Staff:** We use only our own staff to ensure quality & continuity of care
- Our **Dedicated Nursing Assistants** focus only on the care of residents, they are not pulled away to perform duties in the housekeeping, laundry or kitchen departments
- **24-Hour Help Call System with TALK CAPABILITY:** Just like the hospitals have!
- **Life Plan Community with Full Continuum of Care:** We are one of a small percentage of organizations in the region that offers a Full Continuum of Care - and it's ***All Under One Roof!***
Short-Term Subacute Rehab • Independent Living • Assisted Living (Both RCAC & CBRF)
Memory Care • Skilled Nursing Home Care • Hospice Care
- **Rare Dual License** allowing couples with different levels of care to stay together
- **No Roommates!** We are 100% private rooms, suites & apartments, so no worrying about getting an unwanted roommate or sharing a bathroom with the person next door (we can accommodate couples who want to be together)
- **Apartment-Style Rehab Suites** with living room, kitchenette, bedroom & bathroom. These suites are unparalleled in our region and they are **FREE** for our Medicare rehab patients.
- **Tons of Amenities!** Fitness Center, Putting Green, Coffee Bar, Theater, Salon, Chapel & more...
- Providing care the **Non-Profit** way by returning profits back into our organization for the betterment of those we serve ...***You Can Feel The Non-Profit Difference!***



Congregational Home
Retirement Community



1974 - 2025
***Congregational Home is Celebrating
Over 50 Years of Caring!***

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