

CONGREGATIONAL HOME

Congregational Home 13900 W. Burleigh Rd Brookfield, WI 53005 Ph: 262-781-0550
www.CongregationalHome.org

RESIDENTS' MONTHLY NEWS

March 2025

CELEBRATING NATIONAL SOCIAL WORK MONTH
WITH NOTICE OF DEPARTMENT CHANGES



March is National Social Work Month and the theme for this year is Compassion + Action. According to the National Association for Social Workers,

Social workers care about people. That is why so many people enter social work each year, making it one of the fastest growing professions in the United States.

However, social workers go through years of education and training so they can help individuals, families, communities and our society reach their full potential.

That is why the theme for Social Work Month 2025 is Social Work: Compassion + Action.

We are thankful for the Social Work team at Congregational Home. They have many roles and responsibilities including advocating for our residents, providing resources and helping to create the best quality of life for those who reside at our home, whether it be a short stay or long term.

As we recognize Social Work month, we are also excited to announce some changes that will be taking place in March. Social Services team member Katelyn Bloomer will be taking on a new role at Congregational Home as she will become an Administrator In Training. Katelyn will be taking the Administrator course and working closely with our CEO and Nursing Home Administrator Kris Sprtel to become a welcomed addition to the skilled nursing administrative team.

With that change taking place, our current Social Worker Colleen Kuether will take on the role of the Fireside West long-term unit as well as remaining on Fireside East for the long-term residents residing there. We are also excited to be welcoming Natalie Nowak as a Social Work Specialist. She will have a variety of roles within the Social Work department, she will be the contact person for those residing in the apartments and she will be a valued addition to the team.

As we recognize Social Work month, we thank the Congregational Home Team for all they do:

Rehab Social Worker Jessica Schiller
Fireside East & West Social Worker Colleen Kuether
Apartments Contact & Social Work Specialist Natalie Nowak
Social Work/AL Director Gina Osell

We are grateful for our Social Workers and their great work in helping the residents and tenants of our wonderful Congregational Home community.



Grievance Policy & Guideline

Congregational Home is committed to providing a safe & secure environment
Free of poor customer service or abuse.

If a resident or resident representative is unhappy with any service, treatment, or care within the *Congregational Home*, they are encouraged to discuss their concerns personally & promptly with their Social Worker/Grievance Officer, or Nurse Supervisor for quick resolution.

**Please allow our *Congregational Home* team the chance
to resolve any concern you may have!**

Grievance Offices are our Social Workers and can be seen in person or contacted by name @ #262-781-0550 or at below email address during regular business hours:

- Gina Osell – gosell@congregationalhome.org CBRF
- Jessica Schiller – jschiller@congregationalhome.org Rehab 2nd Floor Suites
- Colleen Kuether – ckuether@congregationalhome.org Fireside East & West
- Katelyn Bloomer – kbloomer@congregationalhome.org A.L. & I.L.
- **Concern Alert** – concernalert@congregationalhome.org ***Use during non-business hours or holidays.***

Each resident/resident representative has the right to voice grievances to *Congregational Home* or any other agency or grievance entity without discrimination or reprisal and without fear of such. *Congregational Home* will not prohibit or in any way discourage a resident from communicating with federal, state, or local officials. Residents or Resident Representatives may choose to express their grievance concern orally in conversation; in writing, in writing on a grievance report “Concern Form”; or Anonymously. “Concern Forms” can be found at any Nurses Station, Social Work Office, or front Reception Desk. The Grievance Concern Form should be completed & delivered to the Grievance Officer/Social Worker, or a designee/Nurse Supervisor in their absence.

All effort will be made to resolve your grievance concern promptly within that same day.



Congregational Home is proud of our continuing partnership with Froedtert Health & the Medical College of WI for our in-house Nurse Practitioners and Medical Director since 2021. We consider Froedtert to be the top WI hospital system and appreciate all they do for us, our residents & tenants.

Froedtert Wauwatosa is a Level 1 Trauma Center, offering specialized care for patients within and outside of WI. Froedtert's excellent care and reputation has created a limited bed availability in Wauwatosa, which unfortunately impacts patients who need specialized care at an academic medical center.

Froedtert thankfully offers high quality care throughout their entire health system, regardless of the location or facility. The physicians, specialists and care teams are all part of Froedtert and the Medical College of WI and patient medical records can be accessed amongst the whole Froedtert Health System which includes:

- Froedtert Hospital – Wauwatosa
- Froedtert Menomonee Falls Hospital
- Froedtert West Bend Hospital
- Froedtert Community Hospitals at New Berlin, Pewaukee, Oak Creek and Mequon

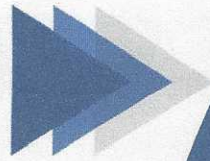
Froedtert Menomonee Falls specializes as an Age-Friendly Health System holding a Level 2 Certification from "IHI" The Institute for Healthcare Improvement for Age Friendly Care. IHI is a leading, globally recognized not-for-profit health care improvement organization that has been applying evidence-based quality improvement methods to meet current and future health care challenges for more than 30 years.

Congregational Home is assisting Froedtert Health in a new initiative to assist **Non-911 Patients** to access to the right care at the right time by maximizing their full health system resources and expertise.

This means that our community members here at Congregational Home who utilize the Froedtert Health System may be requested by the *Froedtert Access Center Intake Nurse* to utilize one of the other Froedtert locations for care if the Wauwatosa location is limited on bed availability. Exceptions would include 911 Calls, or if a previous surgical patient required a return to the hospital to address any post op complications or issues.

The *Froedtert Access Center Intake Nurse* utilizes a triage system to assure a patient is sent to the location most appropriate. Following discussion with Congregational Home's nurses and physicians, the Access Center will recommend the best location for prompt care, then our Congregational Home team will consult with our resident/tenant/representative and arrange transportation.

We appreciate your cooperation with this process moving forward and hope to help Froedtert Health to meet their goals on providing the best care possible to our shared patients!



Arthritis is generally defined by inflammation in the joints. The most common form of arthritis is osteoarthritis, which is degeneration of the bone and cartilage. Osteoarthritis often affects weight bearing joints such as the hip, knee, spine, and thumb. Osteoarthritis is a degenerative disease that gets worse over time and can affect function in your daily activities.

SYMPTOMS

- Pain
- Joint deformities
- Swelling in the joints
- Stiffness in the joints
- Tenderness
- Bone spurs

RISK FACTORS

- Hereditary
- Obesity
- Joint injuries
- Repetitive motion of the joint
- Female
- Age

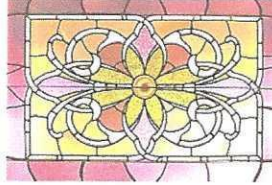
TREATMENT consist of use of non-prescriptive and prescriptive medications, physical and occupational therapies, self-management and if necessary, surgery, to help reduce symptoms or improve functional abilities.

- **SELF MANAGEMENT** Physical exercise and ultimately losing weight reduces stress on the joints and can decrease pain and improve function. Use of ice packs and heating pads can also reduce pain and stiffness. Know your limits-don't overdo them. Balance activity with rest. Talking to your doctor and following their recommended treatment plan will offer you the support you need for optimal self-management
- **PHYSICAL THERAPY** Physical Therapy can provide exercises to help with joint pain. They can teach you gentle stretching to help with morning stiffness. They can teach you proper body mechanics to help alleviate stress on joints. For example, the proper way to get in and out of a car or lift objects.
- **OCCUPATIONAL THERAPY** Occupational Therapists can train you how to protect your joints by using adaptive equipment (like a long handles shoe horn) and if needed custom fit prefabricated splints not only to reduce stress on joints but to compensate for loss of function and pain. Occupational therapists can also assess your home and make recommendations for home modifications to simplify movement and optimize independence.
- **SURGERY** Joint surgery can remove damaged parts and replace them with new man-made parts. Surgery is not recommended for everyone. Replacing a joint can aid in the reduction of pain and help you move with greater ease. The most common types of joint replacements are hips, knees, and shoulders. A physical and occupational therapy program is usually recommended post joint replacement to regain motion, strength, and prior function.

Treatment for arthritis aims to control pain, minimize joint damage, and improve the quality of life. Occupational and Physical Therapy can be an integral part of your treatment plan. Please contact Congregational Home for more information. We would love to be part of your treatment plan.

From the Chaplain's Heart
A Message from Chaplain Maureen

As we begin the Lenten Season, this prayer reminds us to be quiet and listen to God. May our time of listening make Jesus' sacrifice for us on Good Friday and His resurrection on Easter even more personal and meaningful.



*This prayer is written by Mother Teresa and comes from the book
No Greater Love*

*"We cannot find God in noise and agitation.
Nature: trees, flowers, and grass grow in silence.
The stars, the moon, and the sun move in silence.
What is essential is not what we say
but what God tells us and what He tells others through us.*

*In silence He listens to us;
in silence He speaks to our souls.
In silence we are granted
the privilege of listening to His voice.*

*Silence of our eyes.
Silence of our ears.
Silence of our mouths.
Silence of our minds.
...in the silence of the heart
God will speak."*

*Be still, and know that I am God.
I will be exalted among the nations, I will be exalted in the earth!"*

Ash Wednesday, March 5



Catholic Service
10:30 am

Non-Denominational
Service
11:15 am

Catholic Mass on Fridays



March 14, 11:00 am
With Father Justin

March 21, 11:00 am
With Father Silas

March 28, 11:00 am
With Father Shanahan

Daylight Savings Time Begins

Sunday, March 9

Don't forget to....



Coming Next Month



Palm Sunday, April 13

They took palm branches and went out to meet him, shouting, "Hosanna! Blessed is he who comes in the name of the Lord" -John 12:13

Maundy Thursday, April 17

Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, "Take and eat;

this is my body." Then he took a cup, and when he had given thanks, he gave it to them, saying, "Drink from it, all of you.

This is my blood of the covenant, which is poured out for many for the forgiveness of sins." -Matthew 26:26-28

Good Friday, April 18

God demonstrates his own love for us in this: While we were still sinners, Christ died for us. -Romans 5:8

Easter Sunday, April 20

He has risen!

**Remembrance
Service**

March 20, 2025



Frank Degeorge 1/7/25

Roy Ferarri 1/9/25

Leah Ruznak 1/11/25

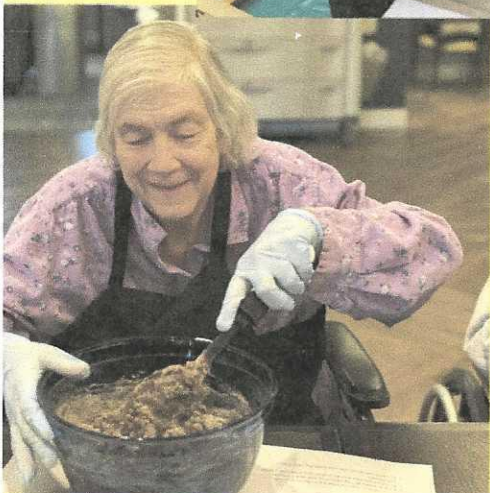
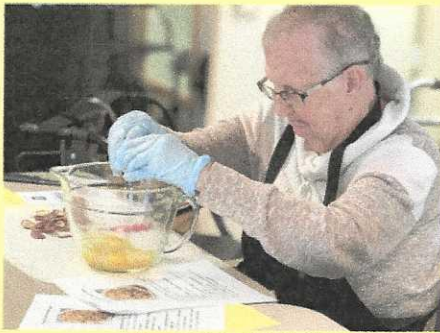
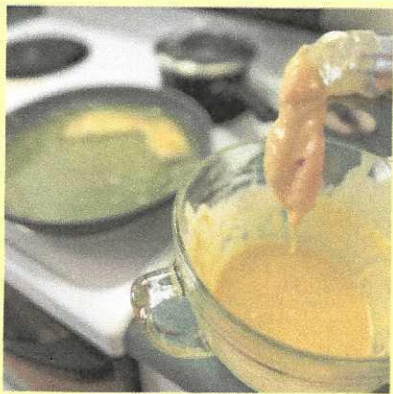
Cheryl Keller 2/11/25

Joan Wendler 2/20/25

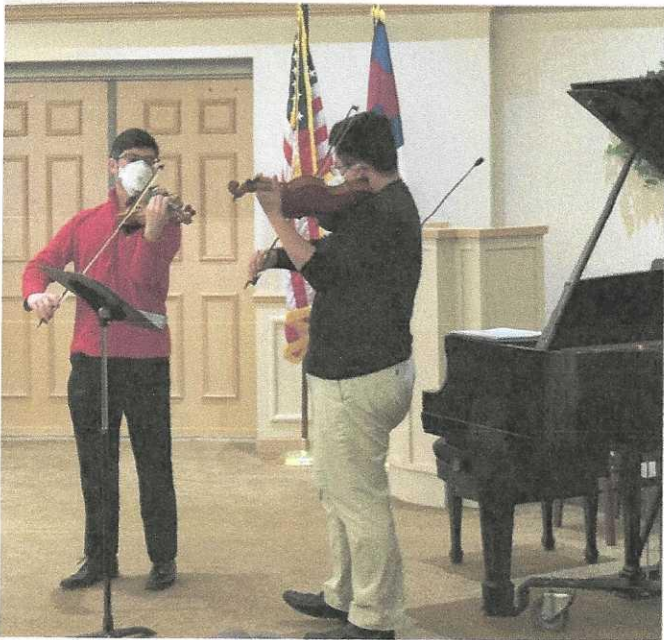
Chinese New Year



Fun in the Kitchen



Violin Concert with Ada Trio



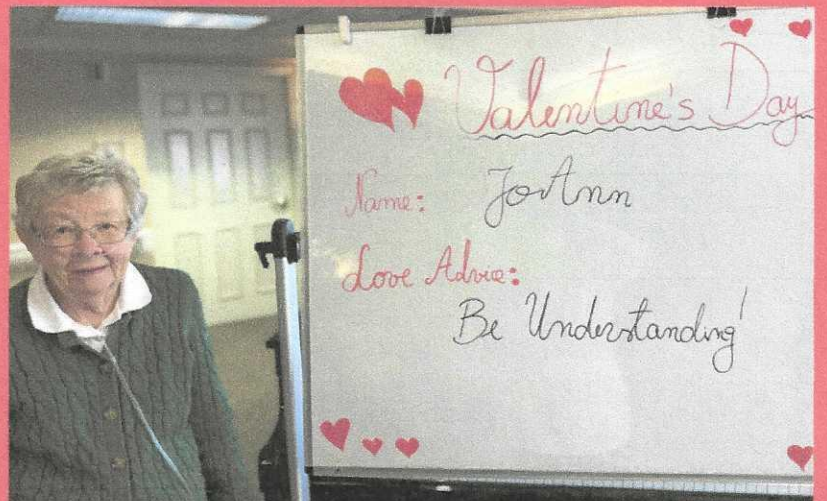
Asiana Outing



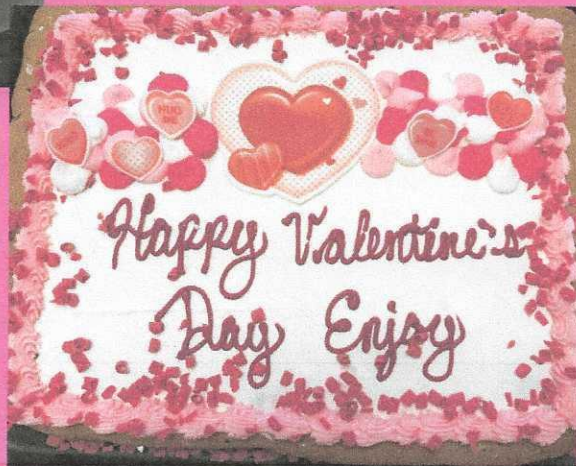
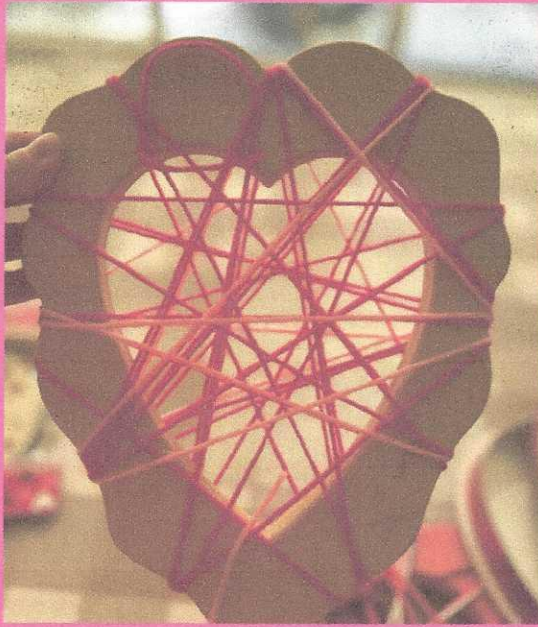
Birthday Social w/Roger Boll



Valentine's Day - Love Advice

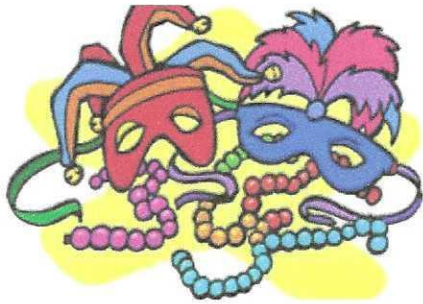


Valentine's Day



Upcoming Events

Mardi Gras & Birthday Social
Bourbon Street Stomper
March 4



Employee Appreciation Day
March 5

MAY YOU
Be Proud
OF THE WORK YOU DO,
THE PERSON YOU ARE,
AND THE DIFFERENCE
YOU MAKE.

International Women's Day
with Jessica Michna as Mary Lincoln
March 7



Live Music
With Chuck
March 12



St. Patrick's Day
with Jeff Pocket -Gaelic Harp
March 17



Accordion Music with John
March 28



MARCH
EMPLOYEE SPOTLIGHT

Tony [Isidro]

Castillo CNA

CONGRATULATIONS TO YOU! YOU
CONTINUOUSLY GO ABOVE AND
BEYOND IN YOUR WORK TO
ENSURE THAT OUR RESIDENTS
RECEIVE THE BEST CARE
POSSIBLE! THANK YOU FOR ALL
THAT YOU DO FOR YOUR
RESIDENTS AND COWORKERS
HERE AT CONGREGATIONAL
HOME!

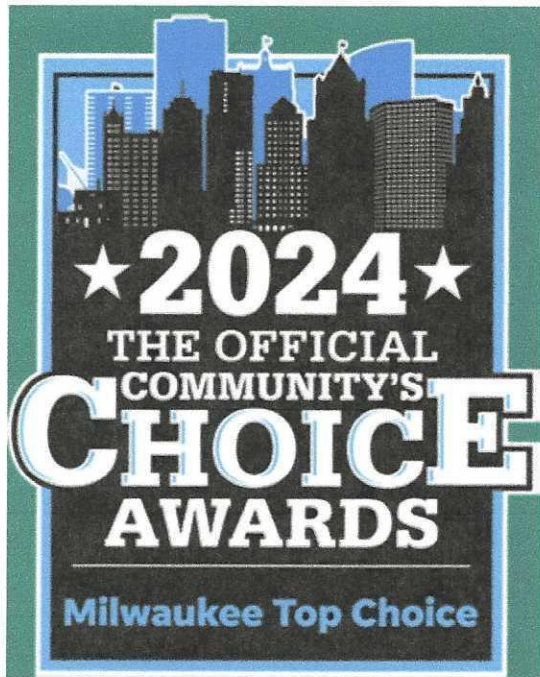


Congregational Home

Retirement Community

Updated 2-17-25

- **MEDICARE'S** Highest 5-Star Rating for Overall Performance, Staffing & Quality Measures.
- Named a 2024 High Performing Short-Term Rehab Facility by **US NEWS & WORLD REPORT**
- Named the 2024 Top Choice for Nursing Home Care by **MILWAUKEE JOURNAL SENTINEL** readers
- **Physician and/or Nurse Practitioner Onsite Daily:** One to two of these medical providers is onsite here 5 days a week thanks to our Partnership with **FROEDTERT HEALTH** and the "Mobile Care Team" they have placed at Congregational Home. This level of care is rarely seen in most other facilities and is key in helping to keep our residents stable and out of the hospital.
- **24-Hour Onsite RN Nurse Coverage:** We have multiple RN's on all 3 shifts
- We have one of the Highest Nursing Staff Levels in the state
- **No Temp Agency Staff:** We use only our own staff to ensure quality & continuity of care
- Our Dedicated Nursing Assistants focus only on the care of residents, they are not pulled away to perform duties in the housekeeping, laundry or kitchen departments
- **24-Hour Help Call System with TALK CAPABILITY:** Just like the hospitals have!
- **Life Plan Community with Full Continuum of Care:** We are one of a small percentage of organizations in the region that offers a Full Continuum of Care - and it's **All Under One Roof!**
Short-Term Subacute Rehab • Independent Living • Assisted Living (Both RCAC & CBRF)
Memory Care • Skilled Nursing Home Care • Hospice Care
- **Rare Dual License** allowing couples with different levels of care to stay together
- **No Roommates!** We are 100% private rooms, suites & apartments, so no worrying about getting an unwanted roommate or sharing a bathroom with the person next door (we can accommodate couples who want to be together)
- **Apartment-Style Rehab Suites** with living room, kitchenette, bedroom & bathroom. These suites are unparalleled in our region and they are **FREE** for our Medicare rehab patients.
- **Tons of Amenities!** Fitness Center, Putting Green, Coffee Bar, Theater, Salon, Chapel & more...
- Providing care the **Non-Profit** way by returning profits back into our organization for the betterment of those we serve ...**You Can Feel The Non-Profit Difference!**



1974 - 2024
Congregational Home is Celebrating
50 Years of Caring!