



CONGREGATIONAL HOME

Congregational Home 13900 W. Burleigh Rd Brookfield, WI 53005 Ph: 262-781-0550 www.CongregationalHome.org

RESIDENTS' MONTHLY NEWS

April 2025



Please take advantage of our lovely "Betty's Garden" on the east corner of our property. You will see many varieties of plants, bushes and even water features as they bloom back to life!

If you want an outside area closer to the main entrance, check out our Koi Pond to the left of our family entrance. It has been known to host a couple of frogs and a duck once too! Remember that treats for Koi are available at our Family Entrance Office. Phase 3 of our Apartments Common's Courtyard renovation project will begin in April, adding more hardscape, plants and another water feature to bring even more beauty! Enjoy!

** APRIL ** EMPLOYEE + SPOTLIGHT

Tammy Congleton

We're excited to recognize Tammy as our April Employee of the Month! Tammy has consistently gone above and beyond in her role, bringing exceptional dedication, hard work, and a positive attitude to everything she does. She always ensures things run smoothly and efficiently. Tammy's enthusiasm and commitment to excellence make her an invaluable member of the team. We're so grateful to have her with us and can't wait to see all the amazing things she'll continue to achieve!

Thank you, Tammy, for being so great!





From the Chaplain's Heart A Message from Chaplain Maureen

You are in my prayers as we prepare our hearts for Easter, as we remember God's boundless love for us.



A Lenten Prayer

by William Arthur Ward (1921-1994)

Fast from judging others; feast on the Christ indwelling in them. Fast from emphasis on differences; feast on the unity of all life.

Fast from apparent darkness; feast on the reality of light.

Fast from words that pollute; feast on phrases that purify.

Fast from discontent; feast on gratitude.

Fast from anger; feast on patience.

Fast from pessimism; feast on optimism.

Fast from worry; feast on trust.

Fast from complaining; feast on appreciation.

Fast from negatives; feast on affirmatives.

Fast from unrelenting pressures; feast on unceasing prayer.

Fast from hostility; feast on nonviolence.

Fast from bitterness; feast on forgiveness.

Fast from self-concern; feast on compassion for others.

Fast from personal anxiety; feast on eternal truth.

Fast from discouragement; feast on hope.

Fast from facts that depress; feast on truths that uplift.

Fast from lethargy; feast on enthusiasm.

Fast from suspicion; feast on truth.

Fast from thoughts that weaken; feast on promises that inspire.

Fast from idle gossip; feast on purposeful silence.

Gentle God, during this season of fasting and feasting, gift us with your presence so we can be a gift to others in carrying out your work.

Amen.



Birthday Social With the Garbage Pickers

Chapel Dining Room Wednesday, April 2 at 2:30



Live Music With Chuck Chapel Wednesday, April 9 at 2:00



Piano Music With Heinzel Kunsmann

Chapel Wednesday, April 16 at 2:00



Palm Sunday, April 13

They took palm branches and went out to meet him, shouting, "Hosanna! Blessed is he who comes in the name of the Lord" -John 12:13

Maundy Thursday, April 17

Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, "Take and eat; this is my body." Then he took a cup, and when he had given thanks, he gave it to them, saying, "Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins." -Matthew 26:26-28

Good Friday, April 18

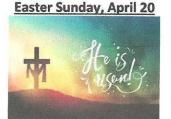
God demonstrates his own love for us in this: While we were still sinners, Christ died for us. -Romans 5:8



Remembrance Service

April 10 at 10:30

Rosemary Pabich 3/8/25 Jane Soper 3/14/25



Mardi Gras



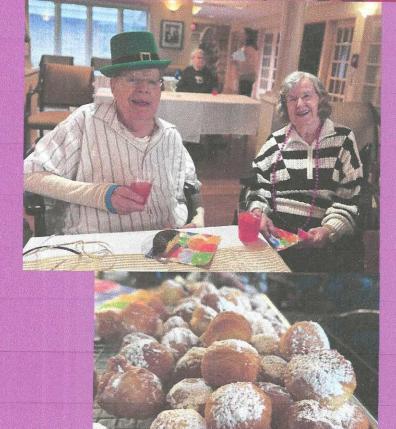














International Women's Day Jessica Michna as Mary Lincoln





Spring Crafts





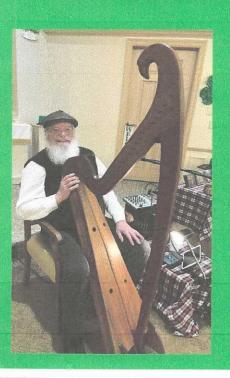




St.Patrick's Day:
Gaelic harp
Baking Irish Bread Soda

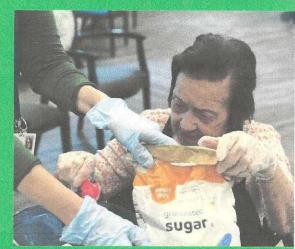
















Potawatomi Casino















Adaptive Equipment

Adaptive equipment is devices that are used to assist with completing activities of daily living such as dressing, bathing, grooming etc. Adaptive equipment allows people to live more independently. As people age or lose function due to health problems they may need to use adaptive equipment.

EXAMPLES OF ADAPTIVE EQUIPMENT

Eating and Dining

- Divided plates- keeps food separated and provides more surface for scooping of food. This plate is beneficial for someone who has decreased hand coordination.
- · Scoop or high sided dishes- Ideal for persons with limited coordination or use of only one hand
- Nose cut out tumblers- Enables drinking without tilting your head. Ideal for those who have neck motion limitations
 or have a neck brace.
- · Lidded cups- Ideal for those who have tremors to decrease spilling.
- Built up handle utensils-Ideal for those who have difficulty holding things in their hand. Useful for those with arthritis
 or limited movement of fingers
- · Rocker knife-Good for those who only have use of one hand allowing them to cut up their food.

Dressing

- · Button and zipper aids-Ideal for those who have difficulty with manipulating small objects.
- Dressing sticks-Makes putting on pants and removing socks easier. It is essential for anyone who has difficulty bending or the use of only one arm.
- Reacher- Allows for items to be picked off floor and can assist with lower body dressing. Ideal for those with balance issues.
- Sock aid- Helps putting on/off of socks independently. For people who can't reach their toes or are at risk of losing their balance when bending over.
- Elastic shoelaces-Regular laced shoes become "slip ons" with the use of elastic shoelaces eliminating the need for tying. Ideal for those who cannot reach their feet of are having difficulty tying their shoes.
- Long handled shoehorn- Eases ability to take on/off shoes while decreasing the need for bending. . Good for those
 with arthritis or balance deficits.

Bathing

- · Long handled bath sponge-allow people with limited reach or difficulty bending to wash feet and lower body.
- Foam tubing- can be fitted on brush, toothbrush and razor to make it easier to hold for those who have arthritis or have difficulty with holding items.
- Extended tub bench- Allows for one to safely get in and out of tub without stepping over the tub. The bench extends
 outside of the tub.
- · Nonskid bathmat- Prevents slipping in shower or tub.
- Toilet seat risers or toilet commode chairs-For those who find it difficult to go from sit to stand off toilet.

Kitchen

- Cutting board with pins- holds food in place while cutting good for those with use of only one hand
- Dycem bottle openers-Ideal to open jars or medicine containers for someone who has weak grip strength.
- Walker trays- A tray that slides over the top of your walker. They are ideal for transporting items around the house.

Please contact your rehabilitation department for more information regarding these and many other adaptive equipment options. They will be happy to assess your needs, assist you in obtaining such items and provide training to ensure optimal effective use that will help maintain your ability to perform tasks independently and enhance your quality of life!



Updated 2-17-25

- MEDICARE'S Highest <u>5-Star Rating</u> for Overall Performance, Staffing & Quality Measures.
- Named a 2024 <u>High Performing Short-Term Rehab Facility</u> by US NEWS & WORLD REPORT
- Named the 2024 <u>Top Choice for Nursing Home Care</u> by *MILWAUKEE JOURNAL SENTINEL* readers
- Physician and/or Nurse Practitioner Onsite Daily: One to two of these medical providers is
 onsite here 5 days a week thanks to our Partnership with FROEDTERT HEALTH and the "Mobile
 Care Team" they have placed at Congregational Home. This level of care is rarely seen in most
 other facilities and is key in helping to keep our residents stable and out of the hospital.
- 24-Hour Onsite RN Nurse Coverage: We have multiple RN's on all 3 shifts
- We have one of the Highest Nursing Staff Levels in the state
- No Temp Agency Staff: We use only our own staff to ensure quality & continuity of care
- Our <u>Dedicated Nursing Assistants</u> focus only on the care of residents, they are not pulled away to perform duties in the housekeeping, laundry or kitchen departments
- 24-Hour Help Call System with TALK CAPABILITY: Just like the hospitals have!
- <u>Life Plan Community with Full Continuum of Care</u>: We are one of a small percentage of organizations in the region that offers a Full Continuum of Care - and it's *All Under One Roof!*

Short-Term Subacute Rehab • Independent Living • Assisted Living (Both RCAC & CBRF) Memory Care • Skilled Nursing Home Care • Hospice Care

- Rare Dual License allowing couples with different levels of care to stay together
- No Roommates! We are 100% private rooms, suites & apartments, so no worrying about getting an unwanted roommate or sharing a bathroom with the person next door (we can accommodate couples who want to be together)
- Apartment-Style Rehab Suites with living room, kitchenette, bedroom & bathroom. These suites are unparalleled in our region and they are *FREE* for our Medicare rehab patients.
- Tons of Amenities! Fitness Center, Putting Green, Coffee Bar, Theater, Salon, Chapel & more...
- Providing care the **Non-Profit** way by returning profits back into our organization for the betterment of those we serve **...You Can Feel The Non-Profit Difference!**









1974 - 2024 Congregational Home is Celebrating 50 Years of Caring!

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