

Congregational Home

Congregational Home 13900 W. Burleigh, WI 53005 Ph: 262-781-0550 www.CongregationalHome.org

Resident's Monthly News July 2026



America's 250th Birthday Let's all celebrate together!

June 29 – American Symbols Scavenger Hunt (see details in blue flyer)

June 30 – stop by and decorate your walker/wheelchair/cane in a Patriotic Style! 10 am – 3 pm in the Life Enrichment Center

July 1 – Independence Square 2:30 pm in the Chapel

Games, prizes, refreshments and the best patriotic costume wins!

July 2 – American Picnic 2:00 pm in the Life Enrichment Center and Patio.

Please join us for preparing a true American picnic

From the Chaplain's Heart

*Happy Independence Day to All!
With Much Love,
Chaplain Maureen*

An Independence Day Prayer

by Margaret Cagle

Lord, on July fourth we'll celebrate
Independence Day in our nation.
You gave us the truth to set us free.
You sent Jesus to die for our salvation.
We thank you for the precious freedom
That we have in our nation today.
We know this country's not perfect,
But we honor our nation, the USA.

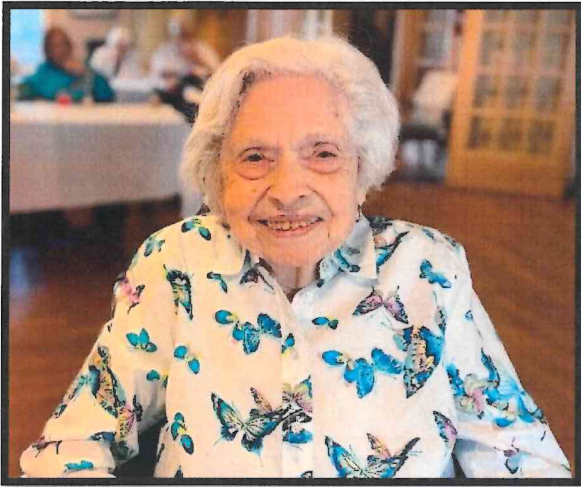
We thank you for the Founding Fathers,
Who for freedom took a brave stand.
Many placed their very lives in peril
To start a free country in a new land.

I thank you for the brave soldiers,
Who gave their lives to keep us free.
They gave their ultimate sacrifice
For freedom for Americans like me.

As we shoot fireworks and celebrate
With patriotic concerts and parades,
We thank you for all your blessings
And your great love that never fades.

As we gather with our loved ones
For picnics and barbecues and fun,
We want to thank you for everything,
Especially for sending your only Son!

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. 2 Cor 3:17



Childhood Memories

- Clara was born and raised on a farm near the Village of Stockbridge WI, near Chilton.
- She was the youngest of 12 children and two of her sisters became nuns at the order of St. Francis in Milwaukee. Clara was very fond of her sister Lucile who became a nun. When Clara was sent to bed for being naughty, Lucile would bring her snacks and when Lucile went to the convent, little Clara said she'd become a nun so she could be with her. 😊

Career

- Clara did not become a nun! She moved to Neenah and worked for a corporation until she married in 1950 and moved to Detroit Michigan.
- Clara attended college for one year, where her husband received his Master's degree and worked for General Motors. They had three children, Thomas, Steve and Marna. During this time they moved back to Wisconsin and Clara's husband built and designed their home in Menomonee Falls, where they lived for 61 years. She also helped her husband in his engineering business as his secretary and treasurer.

Hobbies

- Clara was a world traveler! She visited Spain, Portugal, Italy, Greece, Switzerland, Germany, England, France, Holland and Yugoslavia, often with her mother in law. With her husband she traveled to Africa and went on a safari, Bahamas, Mexico, Antigua and Guatemala.
- She also enjoyed gardening and bowling.

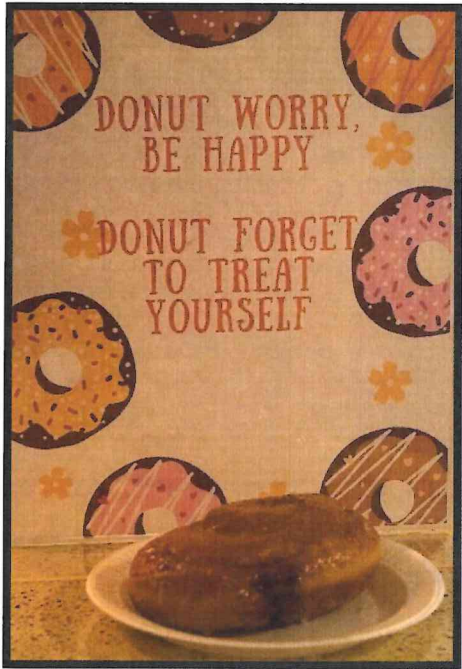
Proudest Moments

- Clara is most proud of her family and all the cherished memories she has of her 100 years.

What Clara Likes About CH

- All the fun activities here at Congregational Home!

We are grateful to have Clara as part of the CH family!





Birthday Social



Women's Vote Amendment

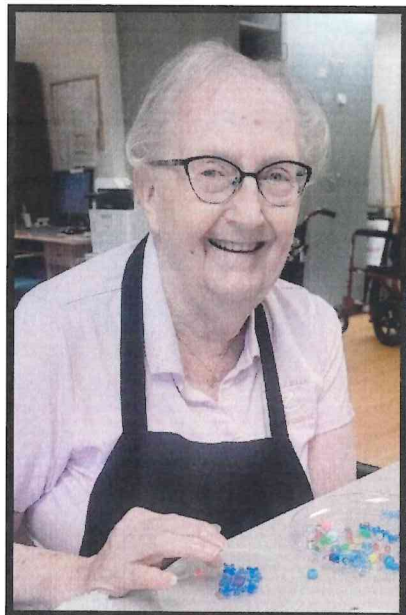


Live Music





Arts
and
Crafts



B
A
K
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N
G



Outdoor Activities



Upcoming Events

*Celebrate America 250 by
Wearing Red, White & Blue*

June 29 – July 5



See the front page
For all the other 250
Fun events
Here at
Congregational Home

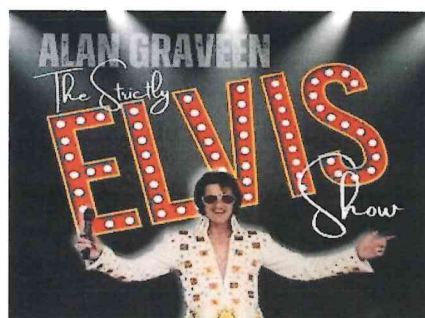
*Live Music in Betty's Garden
With "Remember When"*

July 8 at 2:00



*Birthday Social
With "Alan Graveen" as Elvis*

July 22 at 2:00



CH State Fair!

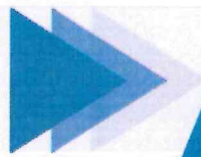
July 30 at 2:00 Chapel DR



*Accordion Music
With John*

July 31 at 2:00 in the Chapel





If you're moving your arm, the movement is occurring around the joints that make up the shoulder. Shoulder range of motion and strength are important for everyday activities such as brushing the back of your hair, reaching for an item on a shelf, pulling up the back of your pants and even opening a door. You can check your own shoulder range of motion by doing a Back Scratch test.

- Stand and raise your right arm straight up overhead.
- Bend your right elbow and let your right palm rest on the back of your neck and slide it down your back and between your shoulder blades.
- Reach behind you with your left hand so the back of your hand rests on the middle of your back.
- Now slide your right hand down and your left hand up to try to touch the fingers of both hands.
- Measure (or estimate) the distance between the fingertips of the right and left hand. Note any overlap as well.
- Switch your hands to perform the test on the opposite shoulder.

If your fingers touch or overlap that is good or excellent respectively. If your fingers are within 2 inches apart that's average. If your fingers are greater than two inches apart you likely have some tightness in the shoulder joint, potentially weakness as well.

The American Journal of Sports Medicine writes "tightness in the upper back, neck and shoulder is often related to muscle pain and stiffness, testing your shoulder flexibility may help determine your risk for future pain and injury. Simple shoulder exercises can improve this." If you have tightness, pain or weakness in your shoulders you may contact the therapy team at Congregational Home, who will be able to assist you. 262-781-0550 ext: 2177

Updated 4-6-26

- **MEDICARE'S** Highest 5-Star Rating for Nursing Staff Levels.
- Named a 2026 High Performing Short-Term Rehab & Long-Term Care Facility by **US NEWS & WORLD REPORT**
- **Physician and/or Nurse Practitioner Onsite Daily:** At least one of these medical providers is onsite here 5 days a week thanks to our Partnership with **FROEDTERT HEALTH** and the "Mobile Care Team" they have placed at Congregational Home. This level of care is rarely seen in most other facilities and is key in helping to keep our residents stable and out of the hospital.
- **24-Hour Onsite RN Nurse Coverage:** We have RNs on all 3 shifts
- We have one of the Highest Nursing Staff Levels in the state
- **No Temp Agency Staff:** We use only our own staff to ensure quality & continuity of care
- Our Dedicated Certified Nursing Assistants focus only on the care of residents, they are not pulled away to perform duties in the housekeeping, laundry or kitchen departments
- **Life Plan Community with Full Continuum of Care:** We are one of a few Life Plan Communities in the region with a Full Continuum of Care - and it's **All Under One Roof!**
 - Short-Term Subacute Rehab • Independent Living • Assisted Living (Both RCAC & CBRF)
 - Memory Care • Skilled Nursing Home Care • Hospice Care
- **Rare Dual License** allowing couples with different levels of care to stay together
- **No Roommates!** We are 100% private rooms, suites & apartments, so no worrying about getting an unwanted roommate or sharing a bathroom with the person next door (we can accommodate couples who want to be together)
- **Apartment-Style Rehab Suites** with living room, kitchenette, bedroom & bathroom. These suites are unparalleled in our region and they are **FREE** for our Medicare rehab patients.
- **Tons of Amenities!** Fitness Center, Putting Green, Coffee Bar, Theater, Salon, Chapel & more...
- Providing care the **Non-Profit** way by returning profits back into our organization for the betterment of those we serve ...**You Can Feel The Non-Profit Difference!**



Congregational Home
Retirement Community



Est. 1974

***Congregational Home is Celebrating
Over 50 Years of Caring!***

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