

# Congregational Home

Congregational Home 13900 W. Burleigh, WI 53005 Ph: 262-781-0550 www.CongregationalHome.org

# Resident's Monthly News January 2026

## Much Appreciation to Congregational Home's Board of Directors!

#### BOARD OF DIRECTORS - 2026

DOAND OF DINECTORS 2020
Butch Boyd
Hank Collis
Bill Cummings
Sarah DeYoung
John Griffith
Gene Guszkowski
Keith Harmon
Jim Harris
Peter Henry MD
Barbara Holtz
Steve Russ
Nathan Schloemer MD
Tom Stock
Merrill York Chair
Reverend Julie Sheridan-Smith
J.C. Moore



"Leaving your Legacy" here at the Congregational Home!

Congregational Home has been extremely lucky to have received the generosity of so many people like you that have made a difference in the lives of our residents!

The founding capital of our home began over 52 years ago with our original caring donors from First Congregational Church of Wauwatosa, and that amazing generosity remains in the heart of our mission today!

Our residents directly benefit from your generosity and we are filled with gratitude for the many gifts that have helped us over the years. Betty's Garden made a significant difference in our resident's wellbeing and is widely used by all levels of care! We've improved our Chapel sound system, bought a new van, bus, and improved access for our residents to have better technology & programming. We continue to strive to innovate and implement the newest techniques and equipment. This was all made possible because of the generosity of very special people!

The spirit of generosity that gave us a beginning, continues to move us forward as we lead and innovate to provide the best care for our elders.

After many plan changes, we are happily back on track with a renovation plan for our first-floor skilled nursing units, Fireside East and Fireside West.

We have partnered with

AG Architecture and Berghammer Construction, and currently working on city approval, with hopes to begin the project by the end of 2026. The project involves new construction of a skilled nursing unit to replace Fireside West, and full renovation of Fireside East. We will work hard to avoid disruption of our current care and look forward to the improvements the project will bring!

Your support or gifts you would like to donate are greatly appreciated! Your donation would be a gift of your legacy, or could even be honored with naming rights of particular areas, lounges, or items! You make the difference, and would always be remembered for it!

Please consider a donation to Congregational Home! Great thanks to all of you for your kindness and

best wishes of happiness in this New Year!

With warm appreciation,

Kris

Kris Sprtel LNHA, President, CEO

# GREENFIELD >

# Communication

Communication is defined as the act or process of using words, sounds, signs, or behaviors to express or exchange information or to express your ideas, thoughts or feelings to someone else. Communication is a two-way street - the act of expressing and the act of receiving, including the ability to hear or see information being given. With aging many medical conditions such as stroke, hearing loss, visual deficits, Parkinson's, Alzheimer's and respiratory disorders such as COPD, pneumonia and emphysema can impact communication.

What are signs that a person may be having problems with communication?

- Difficulty answering questions and/or saying names.
- Difficulty expressing needs.
- Slurring of words or unclear speech.
- Difficulty with volume of speech.
- · Difficulty understanding questions, instructions, and general conversation.
- Difficulty with reading or writing.
- Difficulty forming sounds, words or sentences.
- Withdraw from social activities.
- Speech that is not understood.

Communication problems can be very frustrating for the individual, family members or caretakers. Speech Language Pathologists are the experts trained to assess and treat communication problems. To find out how therapy can help you, or a loved one, with communication concerns you may call the therapy department. We Preauthorize your insurance before therapy would begin.

### From the Chaplain's Heart

### A Message from Chaplain Maureen

Sharing my sincere wishes for a Blessed New Year for you and your loved ones.

May this year unfold with love and peace!

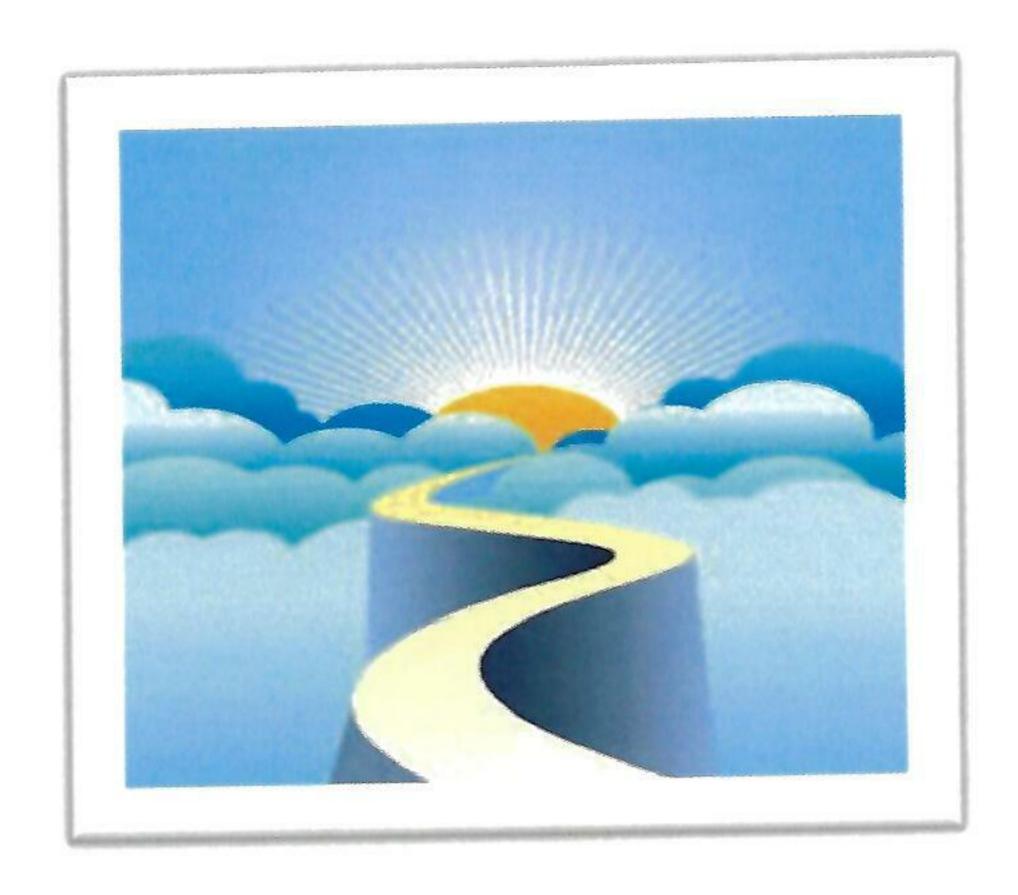


### A Prayer for the New Year

Dear Father, for this coming year, Just one request 1 bring: I do not pray for happiness, or any earthly thing-I do not ask to understand The way Thou leadest me, But this I ask: Teach me to do The thing that pleaseth Thee. I want to know Thy guiding voice, To walk with Thee each day. Dear Father, make me swift to hear And ready to obey. And thus the year I now begin A happy year will be-If I am seeking just to do The thing that pleaseth Thee. https://www.newyearwiki.com/christian-new-year-poems/

But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

> *Isaíah 40:31* John 3:16 (RSV)



### Remembrance Service

remember, honor and celebrate
the lives of the following residents
who have entered into eternal life:

Thursday, January 15

10:30 am

Chapel

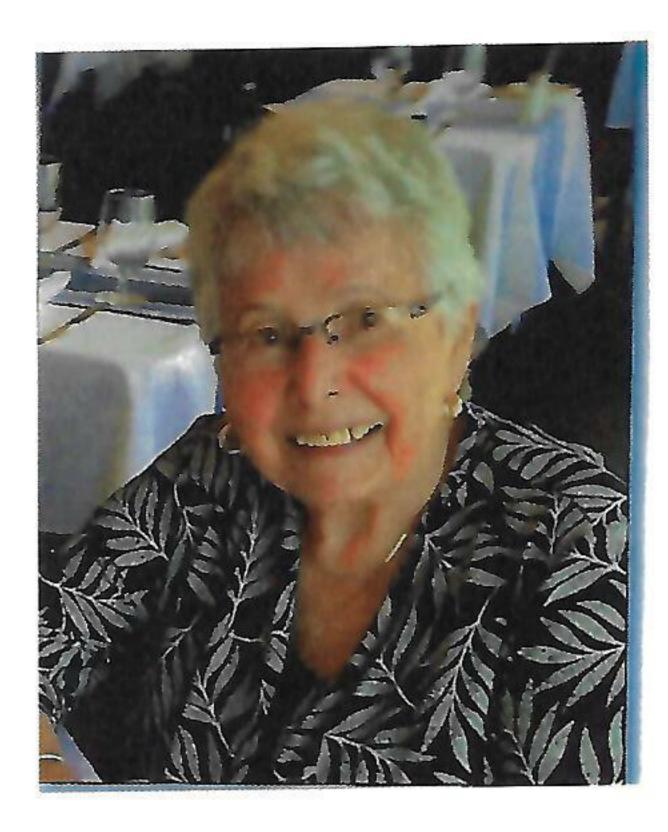
Gregory Naumann 11-26-25

Shirley Jasperson 12-08-25

William Edwards 12-21-25

The Remembrance Service is open to residents, family members, and employees.





#### Childhood Memories

- Helen was born in Wauwatosa and her dad was administrator of The County Hospital, now Froedtert.
- She and her brother Tom had so much fun visiting their dad at the hospital and playing on the grounds!

#### Schooling, Marriage & Work

- Helen went to Wilson and then Wauwatosa High School; she attended Carleton College in Northfield Minnesota.
- Helen married a fellow Congregational Church member, Don, and they had a boy David and a girl Sally.
- She has 5 grandchildren and 5 great grandchildren!

#### Hobbies

 Helen loves to read, play games and do puzzles. She and her husband were avid sports fans, curlers, and world travelers who also enjoyed many trips to Disneyworld.

#### **Proudest Moments**

- Her family!
- She is also proud of how Congregational Home as evolved over the years.
- Helen was a part of the founding group of Congregational Home.

#### I bet you didn't know

Helen flew around the Matterhorn Mountain in a ski rescue plane!

#### What Helen Likes About CH

Helen loves that it feels like one big family and the staff are so nice.

Helen's Motto & Words of Wisdom:

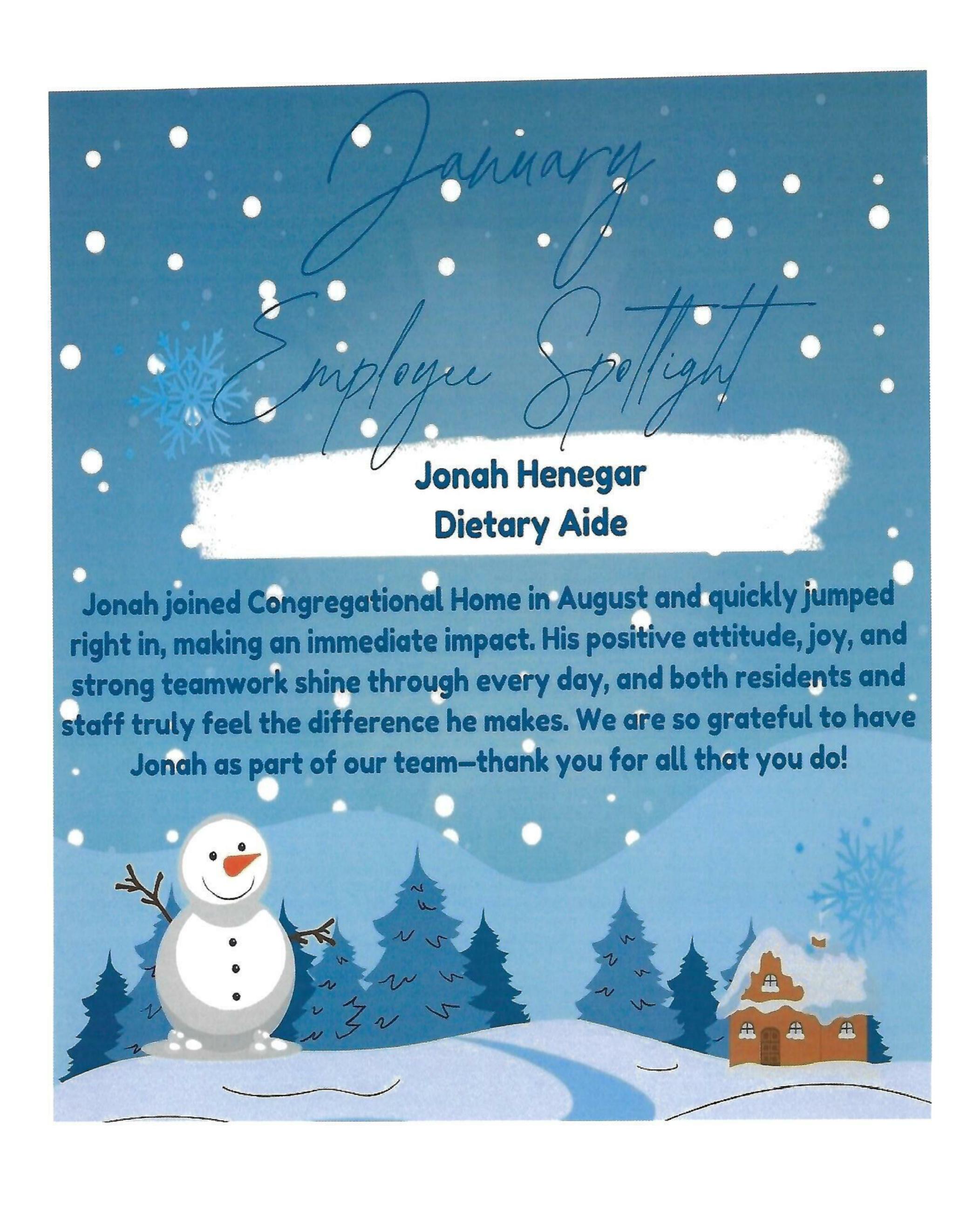
"Try to keep a positive outlook! Be kind though it's not always easy!"

Congratulations, Helen. We love having you as part of the CH family!



Please fill out this form
and return it to
the Reception Office or
Life Enrichment with
a resident you would like to learn more about
and we will feature them
in our February Resident Newsletter!

Nominee Name
Please return this form to the Reception Office or
Life Enrichment.
Thank you!



# Intergenerational Fun



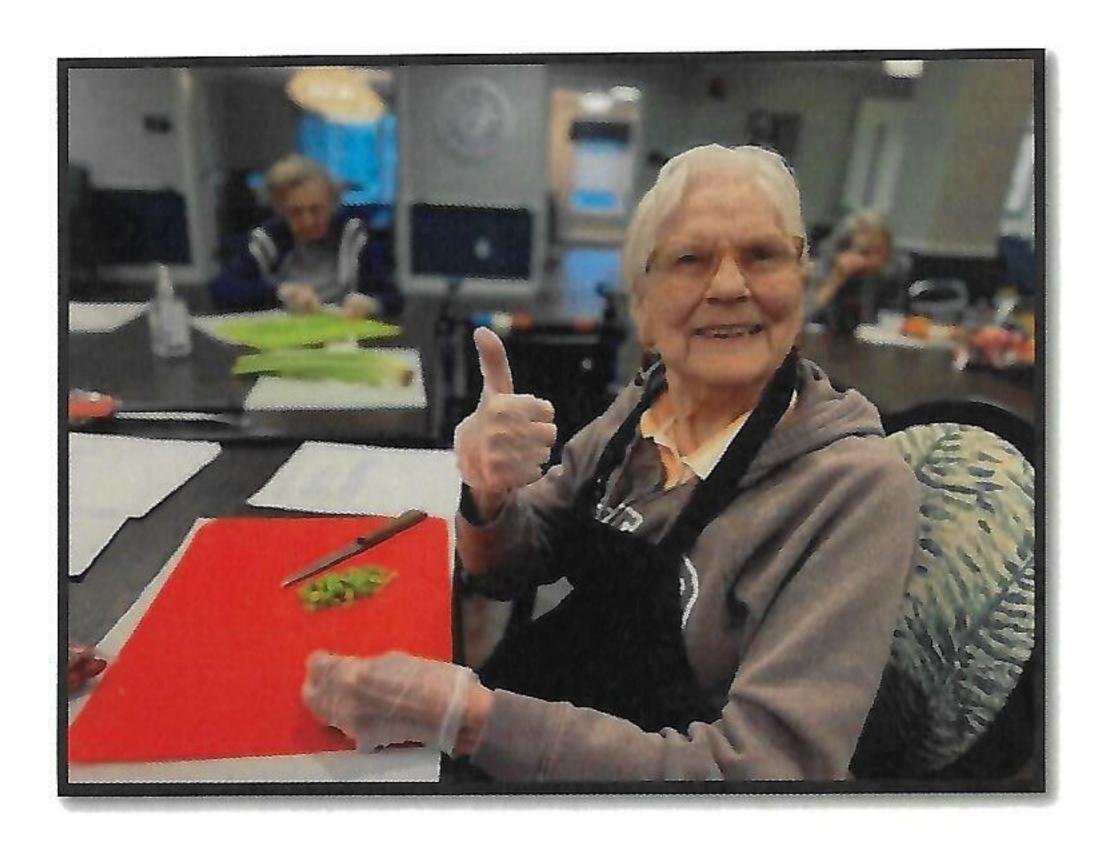


# Thanksgiving Service

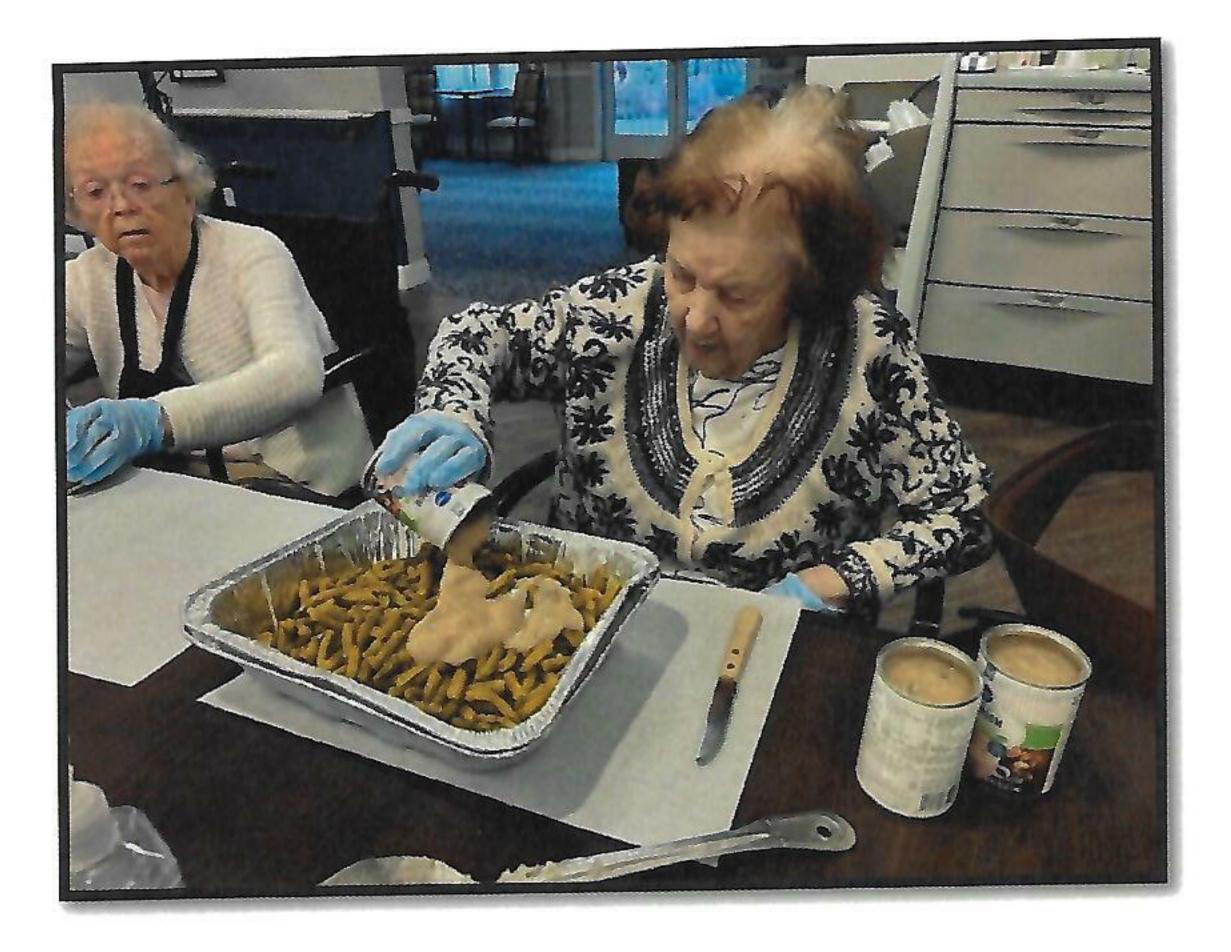


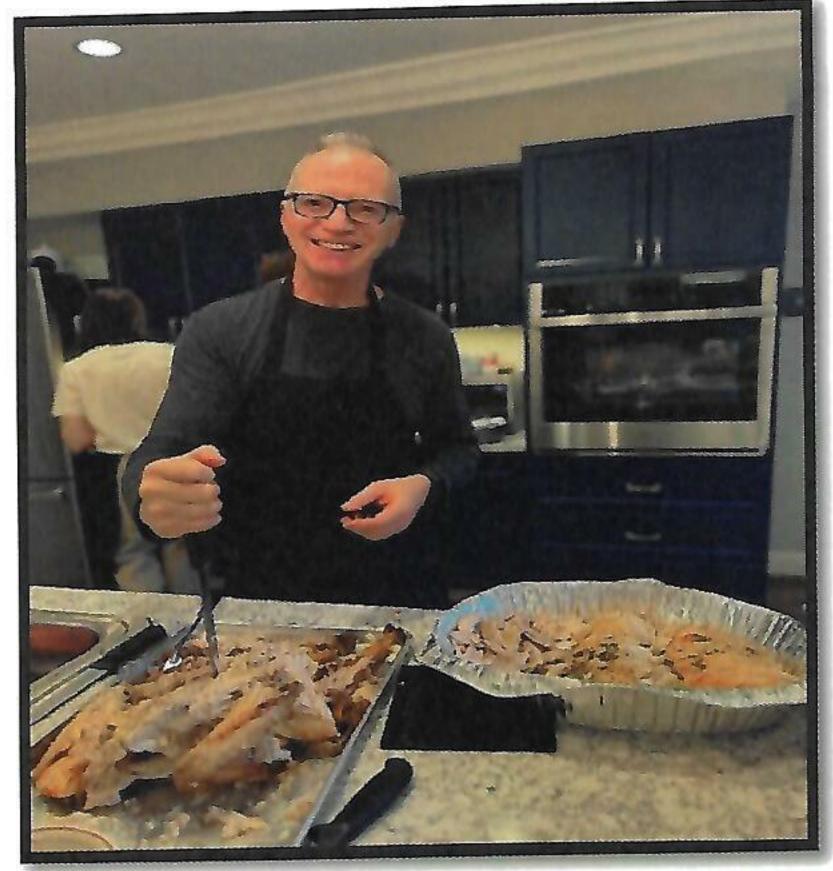


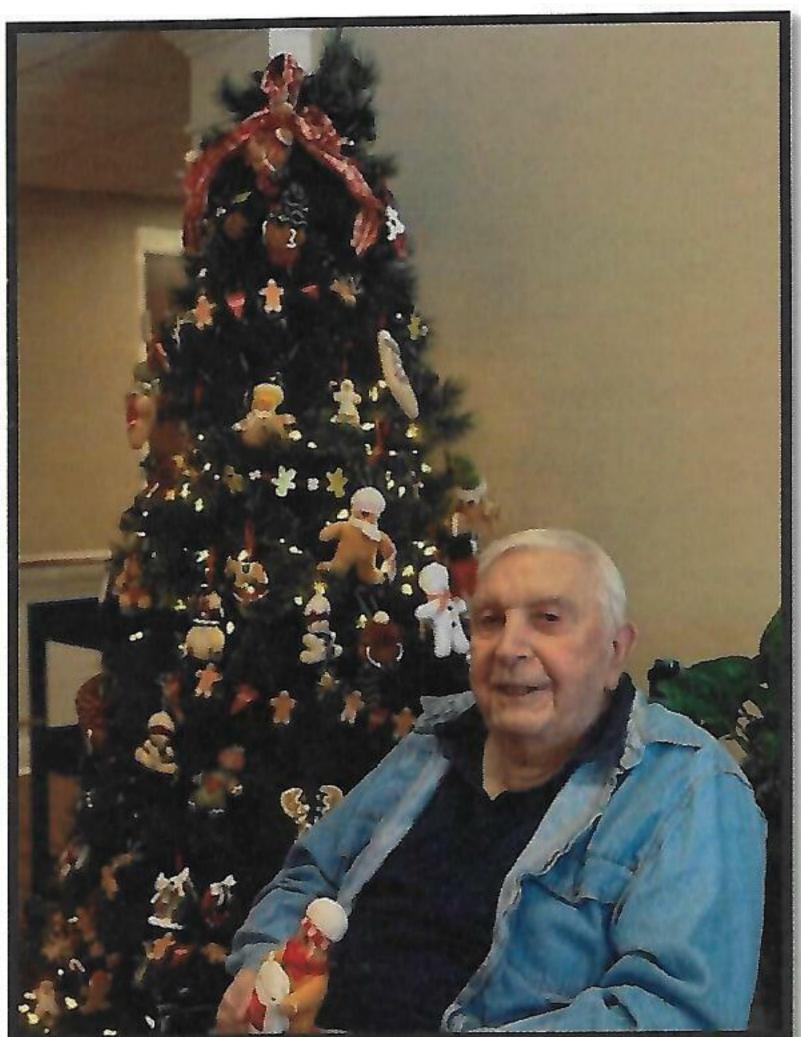
Preparing for Thanksgiving Dinner





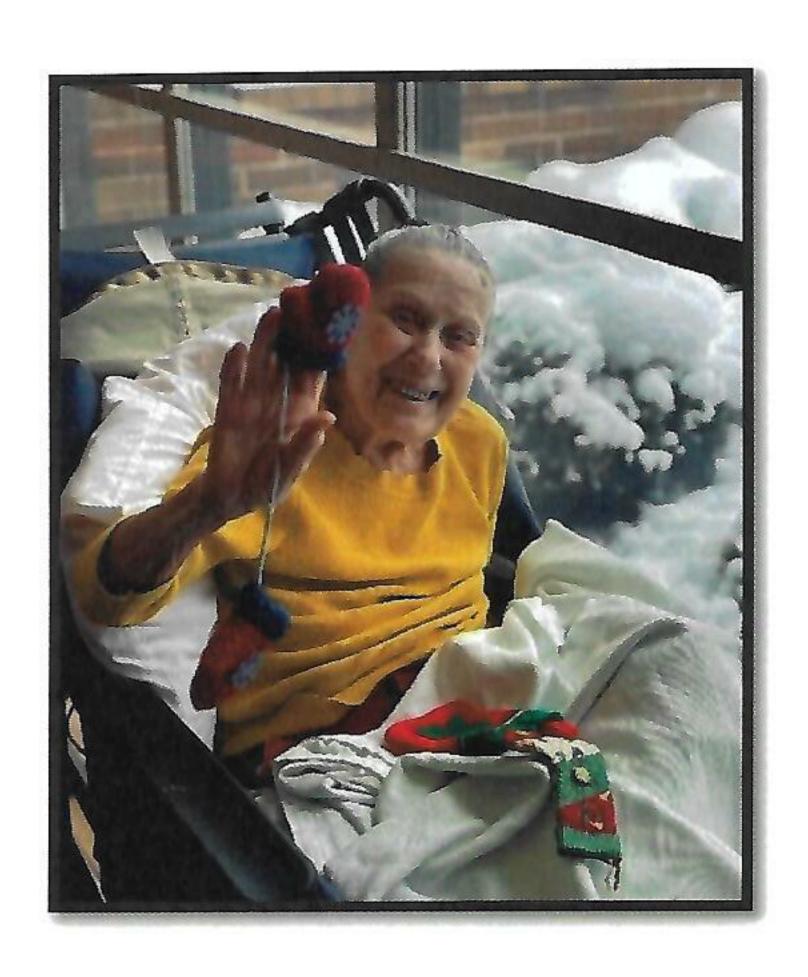


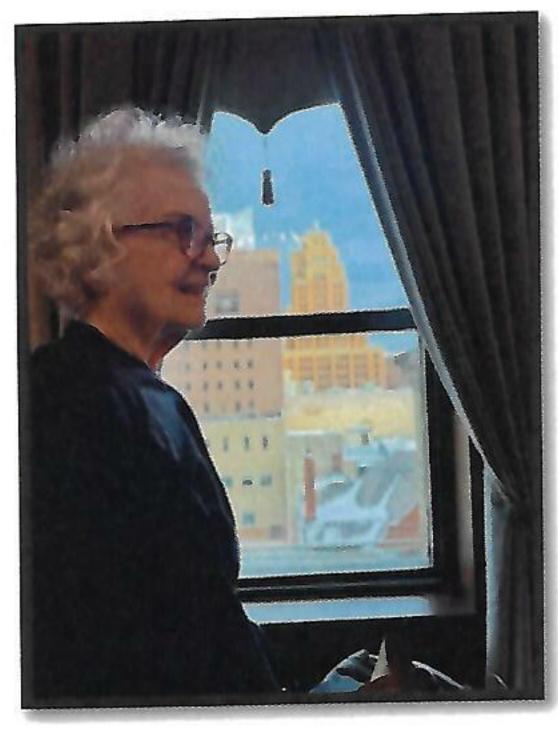




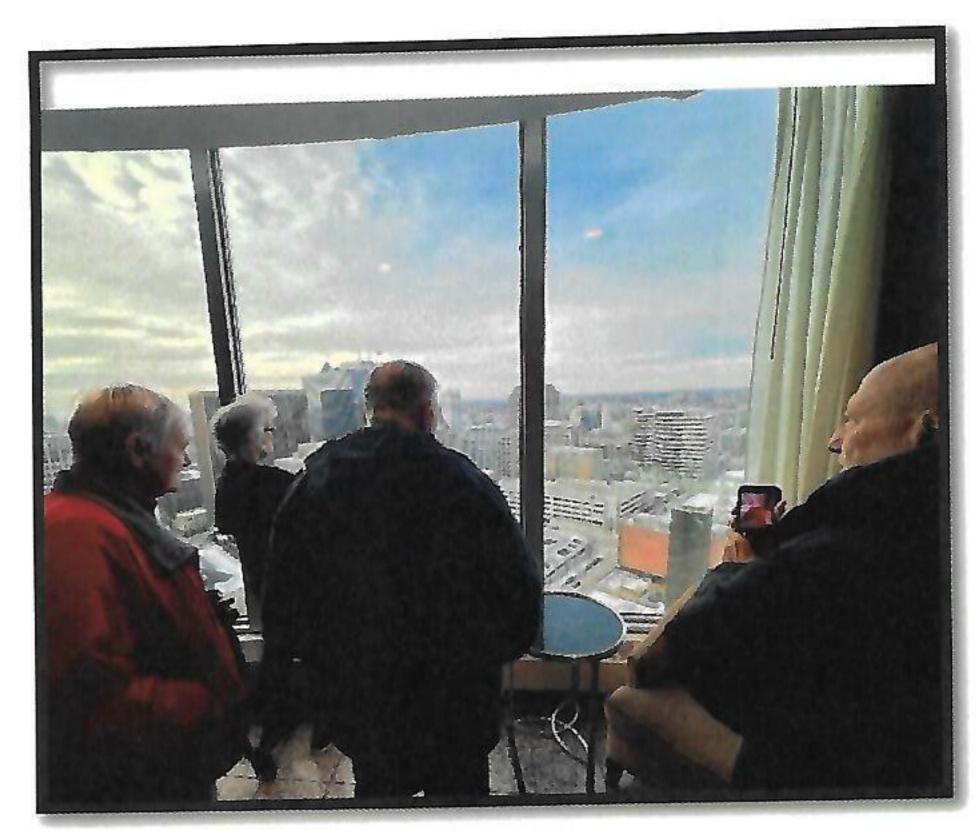


Decorating for Christmas





Hotel Pfister

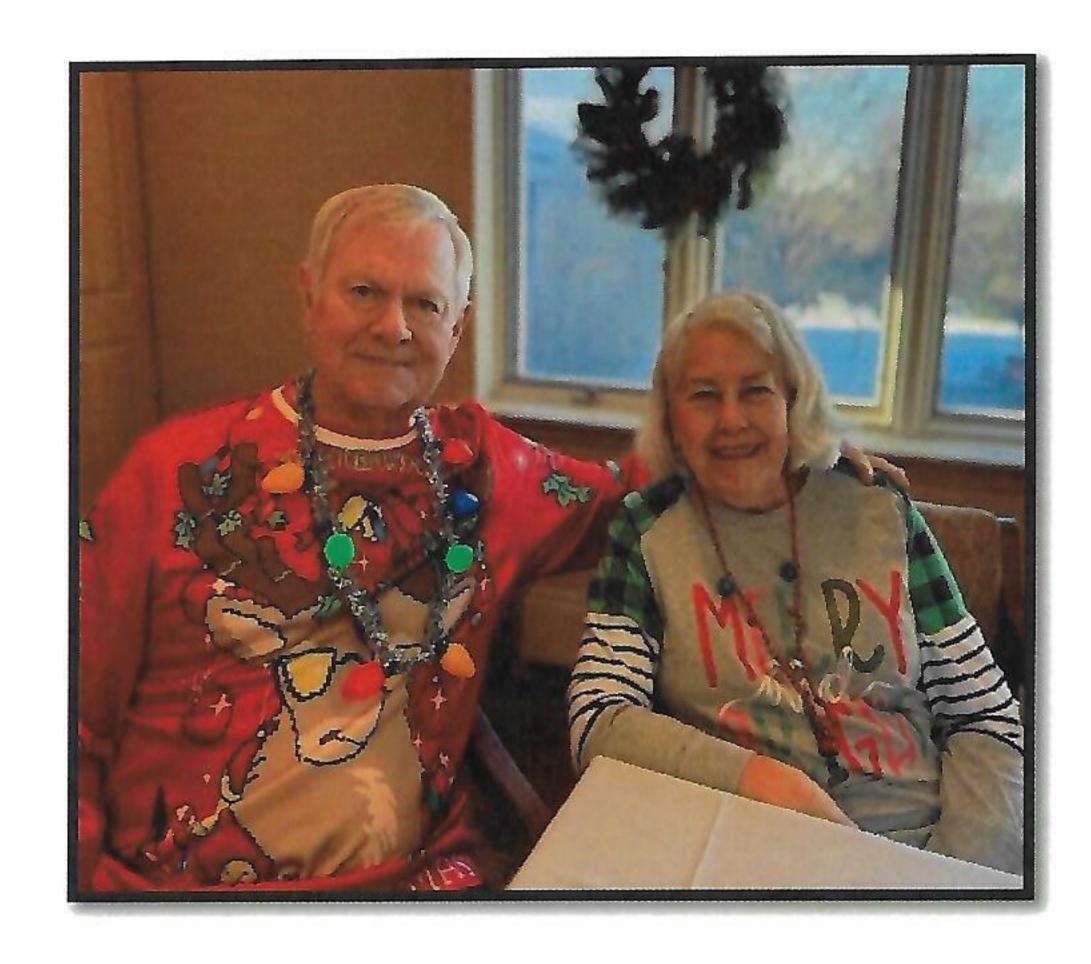




# Christmas Party











# Diamond Dancers



Pajama Day









# Santa Claus Came to Town!

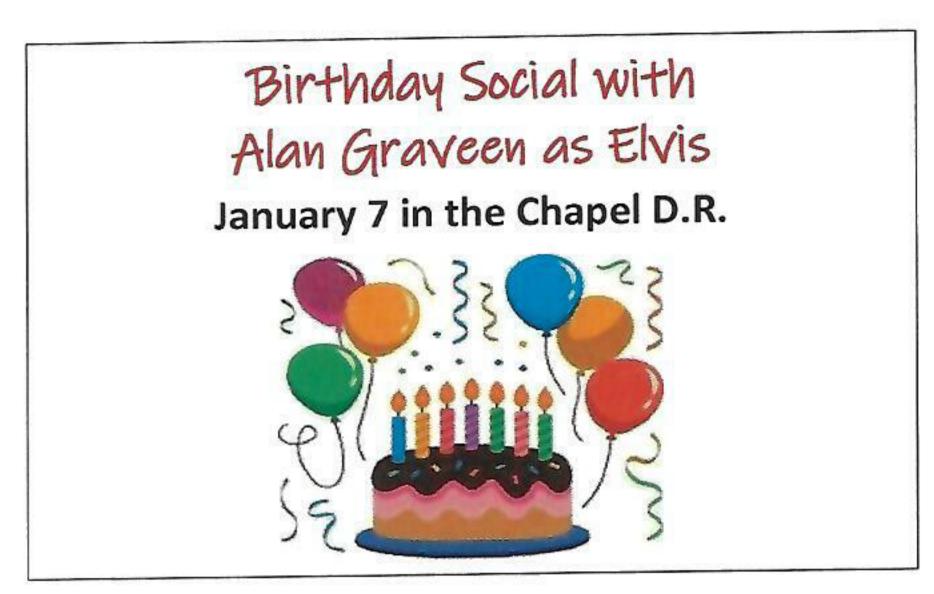


Candy Lane Outing

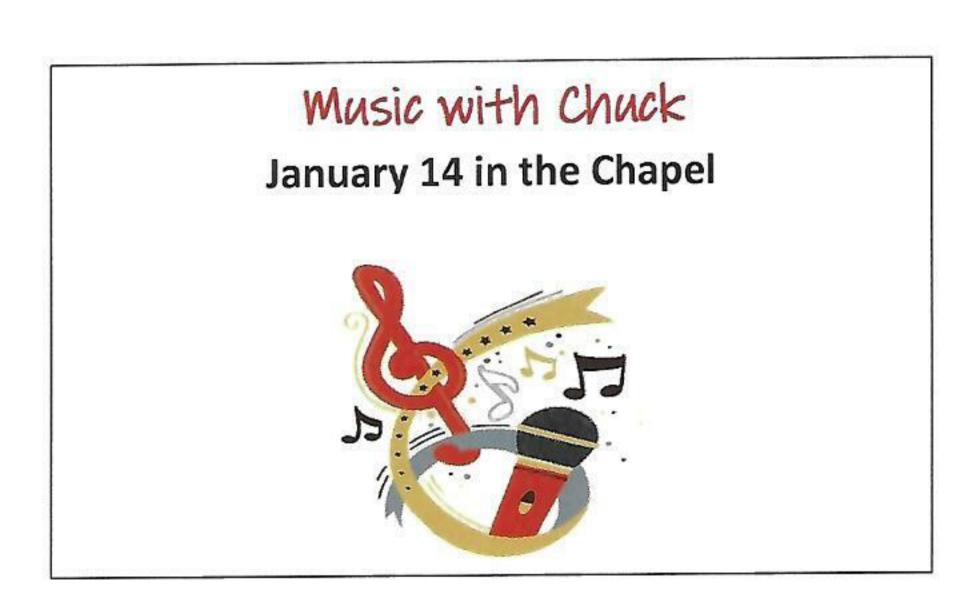


## Upcoming Events

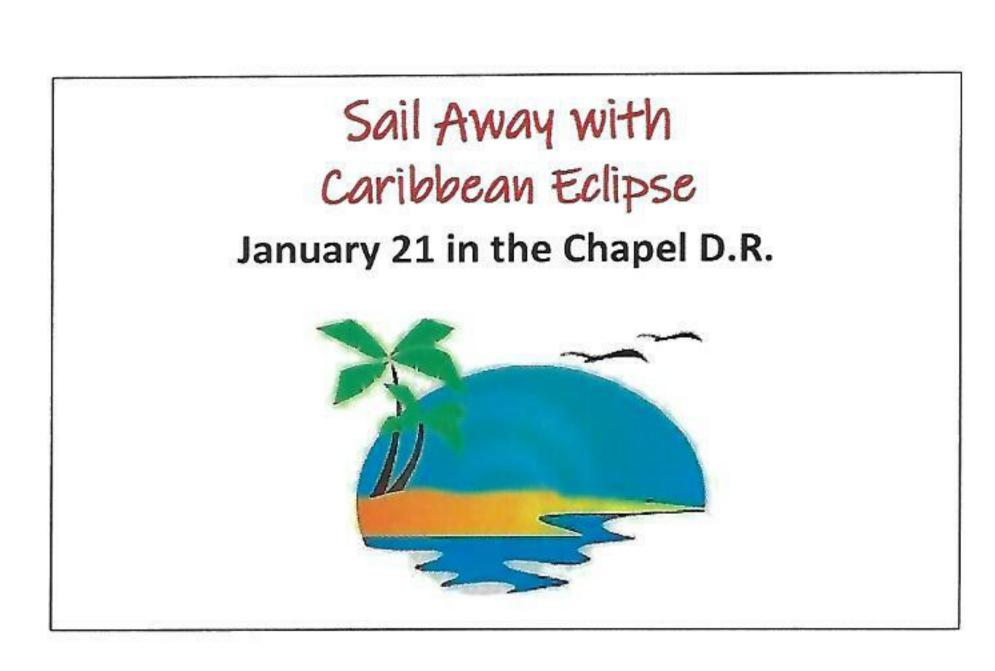












Footsteps through
Time with WI
Historical Society
January 22 in the Chapel





Updated 6-16-25

- MEDICARE'S Highest <u>5-Star Rating</u> for Nursing Staff Levels.
- Named a 2025 <u>High Performing Short-Term Rehab & Long-Term Care Facility</u> by *US NEWS* & WORLD REPORT
- Named the 2024 <u>Top Choice for Nursing Home Care</u> by <u>MILWAUKEE JOURNAL SENTINEL</u> online readers
- Physician and/or Nurse Practitioner Onsite Daily: At least one of these medical providers is
  onsite here 5 days a week thanks to our Partnership with FROEDTERT HEALTH and the "Mobile
  Care Team" they have placed at Congregational Home. This level of care is rarely seen in most
  other facilities and is key in helping to keep our residents stable and out of the hospital.
- 24-Hour Onsite RN Nurse Coverage: We have RNs on all 3 shifts
- We have one of the <u>Highest Nursing Staff Levels</u> in the state
- No Temp Agency Staff: We use only our own staff to ensure quality & continuity of care
- Our <u>Dedicated Nursing Assistants</u> focus only on the care of residents, they are not pulled away to perform duties in the housekeeping, laundry or kitchen departments
- 24-Hour Help Call System with TALK CAPABILITY: Just like the hospitals have!
- <u>Life Plan Community with Full Continuum of Care</u>: We are one of a small percentage of organizations in the region that offers a Full Continuum of Care and it's *All Under One Roof!* Short-Term Subacute Rehab Independent Living Assisted Living (Both RCAC & CBRF)
   Memory Care Skilled Nursing Home Care Hospice Care
- Rare Dual License allowing couples with different levels of care to stay together
- No Roommates! We are 100% private rooms, suites & apartments, so no worrying about getting an unwanted roommate or sharing a bathroom with the person next door (we can accommodate couples who want to be together)
- Apartment-Style Rehab Suites with living room, kitchenette, bedroom & bathroom. These
  suites are unparalleled in our region and they are FREE for our Medicare rehab patients.
- Tons of Amenities! Fitness Center, Putting Green, Coffee Bar, Theater, Salon, Chapel & more...
- Providing care the <u>Non-Profit</u> way by returning profits back into our organization for the betterment of those we serve ... You Can Feel The Non-Profit Difference!









1974 - 2025
Congregational Home is Celebrating
Over 50 Years of Caring!

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