



CONGREGATIONAL HOME

RESIDENTS' MONTHLY NEWS

Volume 190

Brookfield, Wisconsin

July 2018

Congregational Home Summer Party "Let's Flamingle!"

Wednesday, July 18

11:00 - 2:00 p.m.

Entertainment by Bahama Bob ~~ 11:15 - 12:15 p.m.

Dinner ~~ 12:30 p.m.



Family and friends may join you.

Adults (10 and Older) = \$16.00 and Children(9 and younger) = \$8.00

Reservations Deadline = Thursday, July 5

Receptionists are the only ones taking reservations.

You may go to the Reception Office or call (262) 781-0550.

New Courtyard Open House

Please join us in our newly restored
"South Courtyard."

(Located in the Center of our 1st Floor Skilled Unit)

Wednesday, July 11

2:00 - 4:00 p.m.

Entertainment by Chuck
Butterfly Release at 3:00 p.m.

Help us celebrate our new addition with a

Happy Hour Social

and bring us creative suggestions to help us name
this new outdoor environment!

2017 Water Report

Every year, Congregational Home is required by the State of Wisconsin Department of Natural Resources to make available to our residents, families, and employees a report on the quality of the Home's water.



The report for 2017 is now available. If you are interested in having or inspecting a copy, please contact Steve LaMonte, Director of Plant Operations, at 262-781-0550.

Monthly Prayer Circle

Please join us to celebrate, honor, and remember
the lives of the following residents
who have entered into eternal life:

Gladys Bullerjahn
Richard (Dick) Sommerfelt
Robert (Bob) Melkus
Ruth Sells



The prayer circle is open to
residents, family, and staff members.

Wednesday, July 13
10:30 a.m.
Chapel



Saturday, September 8
Frame Park in Waukesha

It is a beautiful 2-mile walk along the Fox River.

Registration - 8:30 a.m.

Ceremony - 9:40 a.m.

Walk - 10:00 a.m.



Take the first step to a world without Alzheimer's.

July Events / Entertainment

July 03	Tuesday	2:00 p.m.	Bunco ~ Activity Center
July 05	Thursday	10:15 a.m. 2:00 p.m.	Devotions / Hymn Sing ~ Chapel Farmhouse Sign Stenciling ~ Activity Center
July 11	Wednesday	10:30 a.m. 2-4 p.m. 2-4 p.m.	Prayer Circle ~ Chapel New Courtyard Open House and Happy Hour Social ~ Courtyard Entertainment with Chuck ~ Courtyard
July 12	Thursday	10:15 a.m. 2:00 p.m.	Devotions / Hymn Sing ~ Chapel Wood Project ~ Activity Center
July 13	Friday	10:30 a.m.	Hug-a-Pup ~ Activity Center
July 18	Wednesday	11-2 p.m. 11:15-12:15 p.m.	Congregational Home Summer Party - Let's Flamingle ~ Chapel/D.R. Entertainment by Bahama Bob ~ Chapel/D.R.
July 19	Thursday	10:15 a.m. 2:00 p.m. 3:30 p.m.	Devotions / Hymn Sing ~ Chapel Watercolor with Kathy ~ Activity Center Skilled Resident Meeting ~ First Floor Dining Room
July 20	Friday	10:15 a.m. 3:30 p.m.	Pam's Family Child Care Visits ~ Chapel Root Beer Floats ~ Throughout the Home
July 25	Wednesday	11:45 a.m.	Assisted Living Resident Meeting ~ East Suites
July 26	Thursday	10:15 a.m. 11:00 a.m. 2:00 p.m.	Devotions / Hymn Sing ~ Chapel Bell Choir Concert ~ Chapel Acrylics with Chris ~ Activity Center

Assisted Living Residents

Happy ½ Hour

Every Wednesday

5:00 p.m.

Chapel Dining Room



Skilled Residents

Happy ½ Hour

Every Thursday

5:00 p.m.

1st Floor Dining Room

July Outings

July 06	Friday	2:00 p.m.	Grocery Shopping at Pick 'n Save
July 13	Friday	2:00 p.m.	Grocery Shopping at Whole Foods Market
July 16	Monday	2:00 p.m.	Abundant Life ~ Menomonee Falls Library
July 20	Friday	2:00 p.m.	Grocery Shopping at Pick 'n Save
July 23	Monday	2:00 p.m.	SNF Ride

How to Prevent Pesky Summer Pests

We love summer here in Wisconsin, but hate the bugs that come with it. As the weather heats up, it is likely you will encounter these pesky creatures. If you've ever been bitten by a mosquito or tick, you probably have experienced the itching and irritation they cause. We may call them "pests," but these vectors can spread germs and diseases with their bites. These diseases can be spread from person-to-person and animal-to-person. The following information can help you decrease your risk of getting bitten, and thus, avoid potential for getting an infection.

THE MOSQUITO

Mosquito bites can cause illnesses including Zika, Malaria, West Nile virus, Chikungunya virus, and others. Most people bitten by the mosquito carrying diseases won't show symptoms, and the people who do show symptoms tend to show them mildly. Although Malaria is usually found outside the United States, cases are still identified from those who have traveled to other countries where malaria is common, such as Central and South America, Africa, and Asia. Symptoms of Malaria include chills, fever, nausea, vomiting, and body aches. Malaria can be treated, but can become serious and life-threatening if the illness advances. Travelers should always take precautions when traveling to countries where malaria is a risk.

HOW TO PREVENT MOSQUITO BITES:

Mosquitoes can bite both indoors and outdoors, mostly during the daytime, therefore, it is important to ensure protection from mosquitoes throughout the entire day.

- Use an Environmental Protection Agency (EPA)-registered insect repellent.
- If using sunscreen, apply sunscreen first and insect repellent second.
- Cover exposed skin by wearing long-sleeved shirts, long pants, and hats.
- Regularly empty containers outside your home that trap standing water, such as planters, bird baths, and toys.
- Contact your local health department to report high numbers of mosquitoes or standing water in your neighborhood.

THE TICK

Tick-borne diseases are on the rise. According to the Centers for Disease Control (CDC), ticks account for nearly 60 % of all vector-borne diseases in the U.S. Ticks are most active in the spring and summer months. Ticks can be found in every state throughout the continental U.S. The types of tick-borne diseases vary based on where you live in the U.S. Two of the most well-known tick-borne diseases are Lyme disease and Rocky Mountain Spotted Fever (RMSF). Symptoms of these illnesses include fever, headache, fatigue, and skin rash.

HOW TO PREVENT TICK BITES:

Prevention and early recognition of tick bites is key. The risk of exposure to ticks is greatest in the woods and in the space between lawns and the edge of the woods. Ticks can also hitchhike to your lawn and into your house via your pet. Decrease your risk of being bitten by:

- Avoiding tick-infested areas, especially during the months of May, June, July.
- When in a tick-infested area, walking in the center of trails and avoiding contact with overgrown grass, brush, and leaf litter at trail edges.
- Always checking for ticks after being outdoors, even after being in your own yard. Ticks can hide in armpits, behind the knees, in the hair, and in the groin area.
- Using EPA-approved insect repellent that contains a 20% concentration of DEET on clothes and on exposed skin.
- Bathing or showering soon after coming indoors to wash off and more easily find ticks that are crawling on your body.
- Being aware that dogs are very susceptible to tick bites, and can bring ticks into your home.

By following some of these simple suggestions, all of us can enjoy summertime in Wisconsin without falling ill from these pests.

Anmarie Kehoss RN--ADON
Infection Control/Staff Development

Special Days in July

Resident Birthdays

07/01	Doralynne Metz	07/07	Judy Drinka
07/01	Ralph Onsager	07/17	Patricia Mazurek
07/03	June Tramitz	07/20	Norm Anderson

Employee Birthdays

07/01	Sonu Baru	Nursing	07/19	Martha Austin Flagg	Nursing
07/01	Shannon Ogbeni	Nursing	07/19	Santana Rivera	Nursing
07/02	Angie Kossow	Nursing	07/20	Camille Reid	Nursing
07/03	Olubunmi Bell	Nursing	07/20	Shamille Reid	Nursing
07/05	Christine Lange	Nursing	07/22	Cindy Conkey	Activities
07/06	Ezoda Whitlock	Nursing	07/22	Vanessa Eskridge	Nursing
07/10	Antonina Pinkerton	Nursing	07/24	Cindy Chiappori	Nursing
07/11	Naoto Iwata	Food Service	07/24	Lorene Halvorson	Activities
07/14	Markela Bond	Food Service	07/25	Lucinda Bitter	Administration
07/16	Brenda Blaszczyk	Housekeeping	07/25	Daysha Harris	Food Service
07/16	Nataya Melton	Nursing	07/26	Kamilah Humphrey	Housekeeping
07/16	Tesha Urban	Chaplaincy	07/29	Jason Herrick	Housekeeping
07/17	Denise Deneen	Nursing	07/29	Monica Washington	Nursing
07/18	Jordan Fitzgerald	Nursing			



“And I’m proud to be an American, where at least I know I’m free.”

Lee Greenwood

Employee Anniversaries

07/09	Teresa Brandon	17 years	Nursing
07/10	Pat Sass	10 years	Social Services
07/10	Kris Sprtel	1 year	Administration
07/11	Maureen Lackey	1 year	Administration
07/12	Markela Bond	11 years	Food Service
07/12	Mary Piotrowski	11 years	Nursing
07/13	Tianna Woods	7 years	Nursing
07/14	Isidro Castillo	15 years	Nursing
07/23	Shamille Reid	4 years	Nursing
07/25	David Robertson	2 years	Housekeeping
07/28	Juan Mazaba-Mendoza	12 years	Food Service

The Apartment Page

July Events / Entertainment

July 03	Tuesday	2:00 p.m.	Bunco ~ Activity Center
July 05	Thursday	10:15 a.m. 2:00 p.m.	Devotions / Hymn Sing ~ Chapel Farmhouse Sign Stenciling ~ Activity Center
July 06	Friday	11:00 a.m.	Apartment Resident Meeting ~ Commons
July 11	Wednesday	10:30 a.m. 2-4 p.m. 2-4 p.m.	Prayer Circle ~ Chapel New Courtyard Open House and Happy Hour Social ~ Courtyard Entertainment with Chuck ~ Courtyard
July 12	Thursday	10:15 a.m. 2:00 p.m.	Devotions / Hymn Sing ~ Chapel Wood Project ~ Activity Center
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July 20	Friday	10:15 a.m. 3:30 p.m.	Pam's Family Child Care Visits ~ Chapel Root Beer Floats ~ Throughout the Home
July 25	Wednesday	4:30 p.m.	Apartment Social ~ Commons
July 26	Thursday	10:15 a.m. 11:00 a.m. 2:00 p.m.	Devotions / Hymn Sing ~ Chapel Bell Choir Concert ~ Chapel Acrylics with Chris ~ Activity Center
July 30	Monday	12:15 p.m.	Apartment Lunch Outing ~ Lake Park Bistro



Activity	Day	Date	Time	Location
Games with DdG	Monday	July 2, 9, 16, 23, 30	2:00 p.m.	Commons
Yoga with Molly	Tuesday	July 3, 10, 17, 24, 31	10:30 a.m.	Commons
Lifelong Learning Study Group	Wednesday	July 18, 25	2:00 p.m.	Commons
Grocery Shopping	Friday	July 13	2:00 p.m.	Whole Foods Market
Grocery Shopping	Friday	July 6, 20	2:00 p.m.	Pick 'n Save
Strength and Balance (Exercise)	M/W/F	July 2, 6, 9, 11, 13, 16, 18, 20, 23, 25, 27, 30	10:30 a.m.	Commons