



CONGREGATIONAL HOME

RESIDENTS' MONTHLY NEWS

Volume 185

Brookfield, Wisconsin

February 2018

You're Invited!



VIVO

Warren Wiegatz - saxophone, flute, melodica

Pam Duronio - vocals, percussion

Tim Stemper - guitar

Wednesday, February 21

Social Hour ~ 4:00 p.m.

Musical Entertainment

Dinner Following

Dinner Menu

Soda, Beer, and Wine

Romaine Salad with Raspberry Poppy Seed Vinaigrette Dressing

Bi-Colored Lobster Ravioli with Butter Cream Sauce

Haricot Vert French Green Beans with Toasted Almonds

Garlic Bread

White Chocolate Raspberry Cake

Adults = \$16.00 / Children Under 10 = \$8.00

Reservations

Reservations will be accepted through Monday, February 19.

No reservations will be accepted after that date, so please plan ahead!

(262) 781-0550

A New Director of Nursing Taking the Helm at *Congregational Home*!

Please welcome Emily Alessi, RN as our new Director of Nursing! The saying “great things come in small packages” is very fitting of Emily! Emily is physically small and enormously smart, with excellent nursing knowledge and skills, as well as a warm, energetic personality with great common sense, patience, and kindness. Emily encompasses a perfect package to fill our needs at *Congregational Home*, and I believe she will be a wonderful leader! I have had the pleasure of working with Emily and being a part of her past growth in her career, and look forward to our partnership for long into the future. Please be sure to say hello as Emily begins her leadership journey here on February 5!

Welcome!

A Retirement for Nancy Tice, Admissions Director

After six busy years of informing, educating, and helping residents to enter and live happily at *Congregational Home*, Nancy Tice approaches a well-deserved retirement effective February 16. Nancy’s calm, assuring demeanor has added to our success of creating and maintaining a wonderful community of short- and long-term residents here at *Congregational Home*! Nancy’s wisdom, kindness, and smiling face will be greatly missed! With great appreciation for all of her hard work, we wish Nancy happiness and relaxation in this next chapter of her life!

Congregational Home Welcomes a New Admissions Director

February 19 welcomes a new Admissions Director to *Congregational Home* - Tina Berg! Tina holds a strong background as an experienced Social Worker who is accustomed to serving and supporting residents and families in their journey of short- or long-term care. Tina will partner with current Admissions and Marketing Director Catherine “Cat” Solakian to continue on with the great work that was begun with retiring Nancy Tice! I know you will find Tina’s outgoing, dynamic charm to be a wonderful addition to our *Congregational Home* team, and she will enjoy getting to know everyone!

A Sad “So-Long” to Pastor Joe Phillips

Good Byes are never easy. Our wish of “So-Long” to Pastor Joe comes with great appreciation as he moves on to a new chapter in his life! Pastor Joe’s last Worship Service is planned for February 4. Pastor Joe has served *Congregational Home* with much care and compassion over the last seven years, and has earned his way into the hearts of many! We wish Pastor Joe and his family the best life has to offer, along with great happiness always! Pastor Joe is sincerely thanked for all he has brought to our *Congregational Home* family! This is only a “So-Long,” as we hope to still see Joe from time to time in the future!

Congregational Home Welcomes a New Chaplain

Beginning the week of February 5, *Congregational Home* is pleased to welcome Tesha Urban as our new Chaplain! Tesha is known to many here at *Congregational Home* due to her involvement and service at the *First Congregational Church*, from which she came highly recommended! Tesha holds an impressive background of education and executive roles, but her true talent has been revealed in her service to others through the Word of God! You will feel her warmth and caring upon your first introduction, and she looks forward to getting to know our *Congregational Home* family! Tesha plans to lead our Sunday Worship Services, and will be present on Monday, Wednesday, and Thursday.

The Gift of Life

Pastor Joe

When I came to Congregational Home, I have to admit I was in a dark place with my own faith. Life was not exactly turning out how I thought it would. There was plenty of good things, but a lot not going where I thought. Additionally, I was at odds with the God I thought I knew.

I never in my previous life, would have thought I wanted to be a chaplain, and one in a long term care community. I wanted to do something BIG, change the world, fight for justice, convert the masses. It was an idol that God had to smash, and open me to His plan for my life. Further God just seemed angry.

This is how I came Congregational Home, but it is not how I leave. If there is a one thing I have grasped here, it is we have one life to live, and it is a wonderful gift from God. We will receive it, will I receive the life that God is giving me or reject it?

The Gospel of John ends with the resurrected Jesus is on a beach with the disciples. Jesus alludes to Peter that his life is on a similar trajectory that Jesus took, persecution and a cross. Peter, being concerned, asks Jesus, "what will happen to John?" Jesus replies "what's that to you?" Jesus tells Peter to live his life, not worry about John. Receive the life you are given.

My perspective on God changed with the an understanding, that life was something I was not inherently entitled. It was out of the love of God, the mercy of God that creation happened, and my life, and your life were a gift he gave us. We receive our life as we seek to embrace the goodness that is God - love for neighbor and for self. We also accept this gift by acknowledging we are not in control of our own lives. I am not fatalistic, I believe our decisions matter, but there is so much we cannot control.

What lies before us everyday, is will I accept this day as a gift from God, will I accept this breath, this meal, this neighbor? Will I accept this career, these kids? Will I accept these circumstances, this disease, and finally this death?

Life is beautiful...life is hard..life is a gift.

Through all the ups and downs, the good and bad, the tragic and the beautiful, life is a precious gift none of us asked for, but one we can receive. The act of faith is receiving your life, as gift from God.

I thank everyone who has been a part of my journey here. So many wonderful generous and kind people. If there is a single lesson I've learned about I hope was imparted during my tenure at Congregational Home, it's that life is a wonderful gift that we have to receive from God. We each have a unique life we are given, and the question for us, is will we receive the life we are given?

February Events / Entertainment

February 01	Thursday	10:15 a.m.	Devotions/Hymn Sing with Eva ~ Chapel
February 06	Tuesday	2:30 p.m.	Bunco ~ Activity Center
February 07	Wednesday	2:00 p.m.	2018 Winter Olympics Presentation ~ Chapel
February 08	Thursday	10:15 a.m. 2:00 p.m.	Devotions/Hymn Sing with Andrea ~ Chapel Voting ~ Chapel Fireside
February 09	Friday	10:30 a.m.	Hug-a-Pup ~ Activity Center
February 13	Tuesday	2:00 p.m. 3:00 p.m.	Meeting with Tesha ~ Activity Center Valentine Treats Bingo ~ Activity Center
February 14	Wednesday	2:00 p.m. 3:00 p.m.	Ash Wednesday Worship Service ~ Chapel Valentine Music with Chuck ~ Chapel
February 15	Thursday	10:15 a.m. 2:00 p.m.	Devotions/Hymn Sing ~ Chapel Voting ~ Chapel Fireside
February 16	Friday	10:15 a.m.	Pam's Family Child Care Visits ~ Chapel
February 21	Wednesday	4:00 p.m. 5:30 p.m.	VIVO Social ~ Chapel/Chapel Dining Room Dinner ~ Chapel/Chapel Dining Room
February 22	Thursday	10:15 a.m.	Devotions/Hymn Sing with Heather ~ Chapel
February 23	Friday	2:00 p.m.	Men's Club ~ Cards and Games ~ Chapel
February 28	Wednesday	11:45 a.m. 2:30 p.m. 3:45 p.m.	Assisted Living Resident Meeting ~ East Suites Brookfield Christian School Visits ~ Activity Center Skilled Resident Meeting ~ First Floor Dining Room



February Outings

February 05	Monday	1:45 p.m.	Assisted Living Ride
February 09	Friday	2:00 p.m.	Grocery Shopping at Pick 'n Save
February 12	Monday	2:00 p.m.	SNF-1 Ride
February 16	Friday	2:00 p.m.	Grocery Shopping at Whole Foods Market
February 19	Monday	2:00 p.m.	Abundant Life Ride
February 23	Friday	2:00 p.m.	Grocery Shopping at Pick 'n Save

WHAT IS NOROVIRUS?

Norovirus is one of the most common causes of gastroenteritis, affecting people of all ages. Additionally, norovirus is typically the causative agent of sickness on cruise ships. Norovirus is notorious for its highly contagious nature, and it can spread in many different ways. Once infection occurs, symptoms show up relatively fast, but they only last for a few days. If symptoms don't disappear within three days, you should contact your doctor. Norovirus can be found in stool (feces) even before you start feeling sick. The virus can stay in your stools for 2 weeks or more after you feel better.

Norovirus is transmitted from eating or drinking liquids that are contaminated with the virus, touching surfaces or objects contaminated with norovirus then putting your finger in your mouth, or having contact with someone who is infected with the virus. Most norovirus outbreaks happen from November to April.

SYMPTOMS

Norovirus causes inflammation of the stomach or intestines or both. This is called acute gastroenteritis. The most common symptoms are diarrhea, vomiting (throwing up), nausea, and stomach pain. Other symptoms may include fever, headache, and body aches. A person usually develops symptoms 12 to 48 hours after being exposed to the virus. Most people with the virus get better within 1 to 3 days. Dehydration is a common problem during this virus because the body loses fluids from the vomiting and diarrhea. The very young and very old are more susceptible to dehydration.

TREATMENT

There is no specific medicine to treat people with norovirus illness. Norovirus infection cannot be treated with antibiotics because it is a viral (not a bacterial) infection. If you have norovirus illness, you should drink plenty of liquids to replace fluid lost from throwing up and diarrhea. This will help prevent dehydration. Sports drinks and other drinks without caffeine or alcohol can help with mild dehydration. But these drinks may not replace important nutrients and minerals. Oral rehydration fluids that you can get over the counter are the most helpful. Most important way to prevent this virus is to wash your hands and keep them away from your mouth!!!

Stay Healthy

Anmarie Kehoss RN
Infection Control Nurse

Information received from the CDC website: www.cdc.gov

Special Days in February

Resident Birthdays

02/03	Burleigh Jacobs	02/21	Eloise Knigge
02/11	Dick Sommerfelt	02/21	Mary Law
02/17	Henry Graner	02/25	Roger Heinz
02/19	Pat Wollensak	02/25	Joyce Kneeland
02/20	Guenther Eisenmann	02/26	Rita Trunzo

Employee Birthdays

02/01	Corinne Johnson	Nursing	02/21	Shirley Tolliver-Hudson	Nursing
02/06	Sherry Downs	Nursing	02/21	Eileen Toman	Food Service
02/12	Ellen Leverenz	Nursing	02/23	John Singer	Food Service
02/13	Judy Gehrke	Nursing	02/24	Gloria Moore	Nursing
02/15	Crystal Dalton	Nursing	02/25	Samantha Evans	Nursing
02/16	Mariah Moore	Food Service	02/25	Erica Olson	Social Services
02/18	Janice McNeill	Housekeeping	02/26	Meenu Talwar	Nursing
02/21	Carolyn Garner	Nursing			



February 19
President's Day



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Employee Anniversaries

02/02	Teresa White	18 Years	Nursing
02/03	Cordel Green-James	3 Years	Nursing
02/03	Angela Rudolph	6 Years	Nursing
02/06	Cindy Hensel	6 Years	Food Service
02/08	Rajavong Khaysy	18 Years	Housekeeping
02/08	Jay Zimmerman	2 Years	Plant Ops.
02/17	Lorita Hawthorne	11 Years	Nursing
02/17	Wendy Nevels	6 Years	Nursing
02/17	Cheri Pommering	36 Years	Nursing
02/21	Mary Hadfield	5 Years	Activities
02/23	Linda Humphrey	1 Year	Housekeeping
02/27	Michelle Arnold	1 Year	Nursing
02/27	Samantha Evans	1 Year	Nursing
02/27	Shirley Tolliver-Hudson	1 Year	Nursing

The Apartment Page

February Events / Entertainment

February 01	Thursday	10:15 a.m.	Devotions/Hymn Sing with Eva ~ Chapel
February 02	Friday	11:00 a.m.	Apartment Meeting ~ Commons
February 06	Tuesday	2:30 p.m.	Bunco ~ Activity Center
February 07	Wednesday	2:00 p.m. 4:30 p.m.	2018 Winter Olympics Presentation ~ Chapel Apartment Social with Cindy ~ Commons
February 08	Thursday	10:15 a.m. 2:00 p.m.	Devotions/Hymn Sing with Andrea ~ Chapel Voting ~ Chapel Fireside
February 09	Friday	10:30 a.m.	Hug-a-Pup ~ Activity Center
February 13	Tuesday	1:45 p.m. 2:00 p.m. 3:00 p.m.	Pray for America ~ Commons Meeting with Tesha ~ Activity Center Valentine Treats Bingo ~ Activity Center
February 14	Wednesday	2:00 p.m. 3:00 p.m. 4:30 p.m.	Ash Wednesday Worship Service ~ Chapel Valentine Music with Chuck ~ Chapel BYO Apartment Social ~ Commons
February 15	Thursday	10:15 a.m. 2:00 p.m.	Devotions/Hymn Sing ~ Chapel Voting ~ Chapel Fireside
February 16	Friday	10:15 a.m.	Pam's Family Child Care Visits ~ Chapel
February 21	Wednesday	4:00 p.m. 5:30 p.m.	VIVO Social ~ Chapel/Chapel Dining Room Dinner ~ Chapel/Chapel Dining Room
February 22	Thursday	10:15 a.m.	Devotions/Hymn Sing with Heather ~ Chapel
February 23	Friday	2:00 p.m.	Men's Club ~ Cards and Games ~ Chapel
February 26	Monday	12:00 p.m.	Apartment Lunch Outing ~ Parkside 23
February 27	Tuesday	1:45 p.m.	Pray for America ~ Commons
February 28	Wednesday	2:30 p.m. 4:30 p.m.	Brookfield Christian School Visits ~ Activity Center Apartment Social with Cindy ~ Commons

“Anybody can catch your eye, but it takes someone special to catch your heart.”



Activity	Day	Date	Time	Location
Games with DdG	Monday	Feb. 5, 12, 19, 26	2:00 p.m.	Commons
Yoga with Molly	Tuesday	Feb. 6, 13, 20, 27	10:30 a.m.	Commons
Pray for America	Tuesday	Feb. 13, 27	1:45 p.m.	Commons
Lifelong Learning Study Group	Wednesday	Feb. 7, 14, 21, 28	2:00 p.m.	Commons
Grocery Shopping	Friday	Feb. 16	2:00 p.m.	Whole Foods Market
Grocery Shopping	Friday	Feb. 9, 23	2:00 p.m.	Pick 'n Save
Strength and Balance (Exercise)	M/W/F	Feb. 5, 7, 9, 12, 14, 16, 19, 21, 23, 26, 28	10:30 a.m.	Commons